# Lifestyle and Positioning the Young Generation in the Dealing of Globalization 

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#### Abstract

Object of research is the State high school students in Surakarta. Collecting data by accident Purposive Simple Random Sampling sample of 160 responden.This research used descriptive statistical analysis tool, Validity and reliability test of the instrument, Regression Analysis Test, Test T, and determination test.Results of research : 1) Activities provide positive and significant effects on the independence of the State high school students in Surakarta. 2) Interests have no significant positive effects on the independence of the State high school students in Surakarta. 3) Opinions have no significant positive effect on the independence of the State high school students in Surakarta.


Keywords: Life Style, Independence, Activities, Interest and Opinion

## A. RESEARCH BACKGROUND

This research was inspired from previous research conducted by the research team on the lifestyle of Progdi STIE-AUB management students in Surakarta Against Independence. With Activities, Interests and Opinions variables for progdi management students are parts of the lifestyle. Results of research show the influence of Activities, Interests and Opinions variables towards independence. They no longer want to burden their parents, they still have to live in balance between the physical and spiritual needs in preparing for the future. (Jurnal Kelola Vol. I No. 2 STIE-AUB Surakarta Mei 2013).

Lifestyle of young people today have full facilities in terms of the technology. Life has increasingly challenging. Life facilities can be available in all opportunity. "Globalization" challenge is very heavy if not be balanced by the acquisition of knowledge, health and sufficient material. If it can not be fulfilled as minimum, it will happen is social inequalities. Social Inequalities impact on the status of developing countries.

Generally, high school students have not been able to survive in life. It can be seen from the culture of shame and not total in doing tasks either from the parents and teachers. Most high school students still think that the age of 17 years still have to financed. At this age they embarrassed if they have to study at school while working. Have not been able to determine their own future direction. Working picky, can form a mental of "tempe". SMA is a very vulnerable period, the desire to separated from the parents, the desire to understand life by learning from the environment makes high school teens feel more advanced than their parents.

According to Yusuf (2002, h. 80), the condition that makes the dilemma in teenagers is on one side of the teens want to break their dependence on parents, but on the other hand teens still need the comfort and protection of parents.. Dilemmas that occur to parents is on one side of the parents want to educate their children to be more independent, but on the other hand there is a concern because teens do not have enough experiences in dealing with the adult world.

Monks et al (1999, p. 279) says that an independent person will show exploratory behavior, capable of making decisions, confident and creative. It is also able to act critically, do not be afraid to do something, have the satisfaction of doing activities, confident and able to accept the reality and can manipulate the environment, able to interact with peers, confident, focused on the goal and were able to control themselves.

The nature of low self-esteem, shy, do not have the creativity and motivation, feeling insecure and always anxious, this can not be ignored because it is very dangerous for the future life of the nation as well.

## B. RESEARCH METHODS

1. Research Location and Sample

SMA Negeri / State High Schools In Surakarta, There are 8 SMA.
Each school will be taken as a sample of 20 students who were selected randomly in class XII.
2. Research Design, is a survey research, take a sample of the population and use the list of statements to the respondents.
3. The Way of Collecting Data, with a list of statements generated from observations, interviews, literature, journals and relevant literature.
4. Validity and Reliability Test, to ensure the quality of the data used to test the validity and reliability.

## C. RESEARCH RESULTS AND DISCUSSION

1. Description of Data

### 1.1 The frequency distribution of respondents based on pocket money

Table V. 1. The frequency distribution of respondents based on pocket money

| No. | Pocket Money | Frequency | Percentage |
| ---: | :--- | :--- | ---: |
| 1. | $<100.000$ | 89 | $55.625 \%$ |
| 2. | $101.000 \mathrm{~s} / \mathrm{d} 200.000$ | 53 | $33,125 \%$ |
| 3. | $201.000 \mathrm{~s} / \mathrm{d} 301.000$ | 9 | $5.625 \%$ |
| 4. | $301.000 \mathrm{~s} / \mathrm{d} 400.000$ | 9 | $5.625 \%$ |
|  | Total | $\mathbf{1 6 0}$ | $\mathbf{1 0 0 \%}$ |

Source: Primary data are processed, 2014
According to the table V.1, respondents who have pocket money $<$ Rp. 100,000 / week by 89 respondents or 55 $625 \%$ is the majority of respondents. This shows that the activity of most students are only in school activities.

### 1.2 The frequency distribution of respondents based on Occupation Parents.

Table V. 2. The frequency distribution of respondents based on Occupation Parents

| No. | Description | Frequency | Percentage |
| ---: | :--- | :--- | ---: |
| 1. | Self Employed | 54 | $33,75 \%$ |
| 2. | Private Lecturer | 3 | $1,9 \%$ |
| 3. | PNS Lecturer | 2 | $1,25 \%$ |
| 4. | Private Employed | 25 | $15,6 \%$ |
| 5. | Civil Servants/PNS | 29 | $18 \%$ |
| 6. | BUMN | 4 | $2,5 \%$ |
| 7. | Workers | 6 | $3,75 \%$ |
| 8. | Retired | 2 | $1,25 \%$ |
| 9. | Teachers | 12 | $7,5 \%$ |
| 10. | Doctors and Midwives | 2 | $1,25 \%$ |
| 11. | Armed | 6 | $3,75 \%$ |
| 12. | Art Workers | 2 | $1,25 \%$ |
|  | Total | $\mathbf{1 6 0}$ | $\mathbf{1 0 0 \%}$ |

Source: Primary data were processed, 2014
Based on the table V.2, parents jobs are self-employed, it confirmed that the city of Solo is a trading town. Generally parents really hope their children to have a higher education than them, being an employee becomes goals most students and parents. So the choice of high school to be a bridge to continue to higher education.

### 1.3 The frequency Distribution of Respondents Based On Gender

Table V. 3. 3.The frequency Distribution of Respondents Based On Gender

| No. | Gender | Frequency | Percentage |
| :--- | :--- | :--- | ---: |
| 1. | Male | 58 | $36.25 \%$ |
| 2. | Female | 102 | $63,75 \%$ |
|  | Total | $\mathbf{1 6 0}$ | $\mathbf{1 0 0 \%}$ |

Source: Primary data were processed, 2014
According to the table V3 known that the respondents were female 102 or $63.75 \%$, men 58 or $36.25 \%$. Female gender is expected to get a job as an employee, because it is lighter, while employees currently require undergraduate level education, so that the high school is a bridge to reach higher education.

### 1.4 The Frequency Distribution of Respondents Based On Sequences Number To The Child

Table V. 4. The frequency distribution of respondents based on sequences number to the child

| No. | Description | Frequency | Percentage |
| ---: | :--- | :--- | :--- |
| 1. | Child Sequence No. 1 | 59 | $37 \%$ |
| 2. | Child Sequence No. 2 | 70 | $44 \%$ |
| 3. | Child Sequence No. 3 | 23 | $14 \%$ |
| 4. | Child Sequence No. 4 | 6 | $3,75 \%$ |
| 5. | Child Sequence No. 5 | 2 | $1,25 \%$ |
|  | Total | $\mathbf{1 6 0}$ | $\mathbf{1 0 0} \%$ |

Source: Primary data were processed, 2014
Sequence of the child No. 2 of 70 respondents or $44 \%$ is the highest. Child sequence of may reflect students' independence, brother or sister already at school or SMA are be references and child sequences No. 2 will be more independent because they want to be better than his brother.

### 1.5 The frequency distribution of respondents based on Freetime Activity

Table V. 5. The frequency distribution of respondents based on Freetime Activity

| No. | Description | Frequency | Percentage |
| ---: | :--- | :--- | ---: |
| 1. | Reading Quran | 18 | 11,2 |
| 2. | Listening Music/Song | 32 | 20 |
| 3. | Helping Parents | 9 | 5,63 |
| 4. | Watching TV | 28 | 17,5 |
| 5. | SocMed | 12 | 7,5 |
| 6. | Sports/Excercises | 19 | 11,88 |
| 7. | Hang Out | 8 | 5 |
| 8. | Listening radio | 8 | 5 |
| 9. | Market | 1 | 0,63 |
| 10. | Reading | 9 | 5,63 |
| 11. | Playing Game | 8 | 5 |
| 12. | Go to pray place | 7 | 4,4 |
| 13. | Go to family places | 1 | 0,63 |
|  | Total | $\mathbf{1 6 0}$ | $\mathbf{1 0 0 \%}$ |

Source: Primary data were processed, 2014
From above data, listening song has the largest percentage of activities to fill free time of State high school students in Solo, which is $20 \%$ or as much as 32 respondents, this shows that they do not have that much free time, but it can be done with a break at home, security guaranteed, because of the limited pocket money, this proved to be followed at home watching TV activities which amounted to $17.5 \%$ or 28 respondents.

## 2. Data Quality Test Results

### 2.1 Validity Test

2.1.1 The Test Results of Validity Variable for Activity Variable $\left(X_{I}\right)$ Tabel V. 6 The Validity Test Results of Activity Instrument ( $\mathrm{X}_{1}$ )

Item-Total Statistics

|  | Scale Mean if <br> Item Deleted | Scale <br> Variance if <br> Item Deleted | Corrected <br> Item-Total <br> Correlation | Cronbach's <br> Alpha if Item <br> Deleted |
| :--- | ---: | ---: | ---: | ---: |
| X1_1 | 32,44 | 13,115 | , 391 | , 729 |
| X1_2 | 32,90 | 12,881 | , 404 | , 727 |
| X1_3 | 32,81 | 12,792 | , 313 | , 746 |
| X1_4 | 32,61 | 12,316 | , 550 | , 705 |
| X1_5 | 32,80 | 11,933 | , 481 | , 714 |
| X1_6 | 32,87 | 11,984 | , 495 | , 711 |
| X1_7 | 32,65 | 12,944 | , 388 | , 730 |
| X1_8 | 32,33 | 13,343 | , 363 | , 733 |
| X1_9 | 32,27 | 12,731 | , 457 | , 719 |

Source: Primary data were processed, 2014
Can be concluded from Table V.5, 9 statement items have value $r$ count $>$ of $r$ table ( 0.159 ). Activity variable statement Instrument is valid.

### 2.1.2 The Validity Test Results of Interest Variable ( $X_{2}$ ) <br> Table V. 7 The Validity Test Results of Interest Instrument

|  | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| :---: | :---: | :---: | :---: | :---: |
| X2_1 | 35,33 | 12,298 | ,202 | ,628 |
| X2_2 | 34,85 | 12,330 | ,244 | ,619 |
| X2_3 | 35,36 | 11,828 | ,269 | ,615 |
| X2_4 | 35,25 | 11,925 | ,259 | ,617 |
| X2_5 | 35,30 | 11,205 | ,353 | ,595 |
| X2_6 | 34,86 | 11,256 | ,452 | ,577 |
| X2_7 | 36,01 | 11,874 | ,212 | ,630 |
| X2_8 | 34,96 | 10,973 | ,550 | ,558 |
| X2_9 | 35,01 | 12,057 | ,253 | ,618 |
| X2_10 | 35,32 | 11,590 | ,267 | ,617 |

Source: Primary data were processed, 2014
From Table V.7. it can be stated that the 10 items of statement has a value of $r>r$ table of (0.159). Interest variable statement instrument is valid.

### 2.1.3 The Validity Test Results of Opinion variable ( $X_{3}$ ) <br> Table V. 8. The Validity Test Results of Opinion Instrument

Item-Total Statistics

|  | Scale Mean if <br> Item Deleted | Scale <br> Variance if <br> Item Deleted | Corrected <br> Item-Total <br> Correlation | Cronbach's <br> Alpha if Item <br> Deleted |
| :--- | ---: | ---: | ---: | ---: |
| X3_1 | 35,28 | 12,027 | , 186 | , 623 |
| X3_2 | 34,79 | 11,913 | , 255 | , 609 |
| X3_3 | 35,29 | 11,492 | , 266 | , 607 |
| X3_4 | 35,20 | 11,645 | , 245 | , 611 |
| X3_5 | 35,24 | 10,890 | , 351 | , 587 |
| X3_6 | 34,80 | 10,903 | , 453 | , 567 |
| X3_7 | 35,97 | 11,590 | , 205 | , 623 |
| X3_8 | 34,91 | 10,697 | , 539 | , 551 |
| X3_9 | 34,96 | 11,785 | , 237 | , 613 |
| X3_10 | 35,28 | 11,245 | , 266 | , 608 |

Source: Primary data were processed, 2014
From Table V.8. it can be stated that the 10 items of statement has a value of $r$ count> of $r$ table ( 0.159 ). Opinion variable statement instrument is valid.
2.1.4 The Validity Test Results of Independence Variable (Y)

Table V. 9 . The Validity Test Results of Independence Instrument
Item-Total Statistics

|  | Scale Mean if <br> Item Deleted | Scale <br> Variance if <br> Item Deleted | Corrected <br> Item-Total <br> Correlation | Cronbach's <br> Alpha if Item <br> Deleted |
| :--- | ---: | ---: | ---: | ---: |
| X4_1 | 32,09 | 11,220 | , 494 | , 687 |
| X4_2 | 32,50 | 11,302 | , 427 | , 697 |
| X4_3 | 32,42 | 11,865 | , 219 | , 737 |
| X4_4 | 32,32 | 11,485 | , 376 | , 705 |
| X4_5 | 32,29 | 10,802 | , 478 | , 687 |
| X4_6 | 32,48 | 10,897 | , 414 | , 699 |
| X4_7 | 32,34 | 11,378 | , 362 | , 708 |
| X4_8 | 31,97 | 11,341 | , 432 | , 696 |
| X4_9 | 31,85 | 11,205 | , 442 | , 694 |

Source: Primary data were processed, 2013
From Table V.9. it can be concluded that 9 items statements have value $r$ count> of $r$ table ( 0.159 ). Independence variable statement instrument is valid.

### 2.2 Reliability Test

Table V. 10 Test Results of Instrument Reliability

| Variable | Cronbach | Criteria | Description |
| :--- | :--- | :--- | :--- |
| Activity $\left(\mathrm{X}_{1}\right)$ | 0,747 | Alpha Cronbach $>$ | Reliabel |
| Interest $\left(\mathrm{X}_{2}\right)$ | 0,633 | 0,60 maka reliabels | Reliabel |
|  | Opinion $\left(\mathrm{X}_{3}\right)$ | 0,626 |  |
| Independence $(\mathrm{Y})$ | 0,725 |  | Reliabel |
|  |  |  | Reliabel |

Source: Primary data were processed, 2014
From Table V. 10 can be concluded that all of the instruments used in this research is reliable (coefficient alpha exceeding 0.6 )

### 2.3 Classical Assumption Test Results

### 2.3.1 Multikolinieritas Test Results

Multikolinearitas data test results can be presented on V. 11 table.
Table V.11. Multikolinieritas Test Results

| Coefficients $\mathbf{a}$ |  |  |  |
| :--- | :--- | ---: | ---: |
|  |  | Collinearity Statistics |  |
|  | Aktivitas | Tolerance | VIF |
|  | Interest | , 914 | 1,094 |
|  | Opini | , 110 | 9,062 |
|  |  | , 108 | 9,276 |

a. Dependent Variable: Kemandirian

Source: Primary data were processed, 2014
From Table V. 11 can be concluded that the variable is free from multicollinearity because the value of Variance Inflation Factor (VIF) $<10$ and Tolerance values $>0.10$.

### 2.3.2 Autocorrelation Test Results Table 11 Run Test

|  |  |
| :--- | :--- |
| Z | Unstandardized Residual |
| Asymp. Sig. (2-tailed) | $\mathbf{- . 9 5 9}$ |

Source: Primary data were processed, 2014
Autocorrelation test results Asymp value. Sig. (2-tailed) is equal to 0.336 . This figure $>0.05$. The conclusion of this test declares that no autocorrelation between variables.

### 2.3.3 Heteroskedastity Test Results <br> Heteroskedastity Test Results datas can be presented on V. 12 table/figure

Coefficients

|  |  | Unstandardized <br> Coefficients |  | Standardized <br> Coefficients |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
| Model | B | Std. Error | Beta | t | Sig. |  |
| 1 | (Constant) | $-20,330$ | 16,578 |  | $-1,226$ | , 222 |
|  | Aktivitas | , 491 | , 361 | , 112 | 1,358 | , 176 |
|  | Interest | ,- 814 | 1,676 | ,- 116 | ,- 486 | , 628 |
|  | Opini | 1,285 | 1,718 | , 180 | , 748 | , 456 |

a. Dependent Variable: ABSOLUT

Source: Primary data were processed, 2014
From table v. 12 can be stated that no significant independent variable at $5 \%$ statistically affect the dependent variable, the absolute value of the residuals, it can concluded that the regression model does not contain any heterocedastisity.

### 2.4 Normality Tests

Table V.13. Normality Tests Results

|  | Unstandardized Residual |
| :--- | :--- |
| Kolmogorov-Smirnov Z | $\mathbf{1 , 2 6 4}$ |
| Asymp. Sig. (2-tailed) | $\mathbf{0 , 0 8 2}$ |

Source: Primary data were processed , 2014
By using the Kolmogorov-Smirnov test was done, showed that all variables have a normal distribution because it has a significance value of $0.082>0.05$.

## 3. Results of Hipothesis Testing

### 3.1. Results of multiple linear regression analysis

Table V. 14. 1. Results of multiple linear regression
Coefficients

| Model |  | Unstandardized Coefficients |  | Standardized Coefficients | t | Sig. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | B | Std. Error | Beta |  |  |
| 1 | (Constant | 9,529 | 2,894 |  | 3,292 | ,001 |
|  | Aktivitas | ,362 | ,063 | ,386 | 5,742 | ,000 |
|  | Interest | ,482 | ,293 | ,319 | 1,648 | ,101 |
|  | Opini | ,081 | ,300 | ,053 | ,269 | ,788 |

a. Dependent Variable: Kemandirian

Source: Primary data were processed, 2014
Formulated regression model in this research is:

$$
Y=9,529+0,362 X_{1}+0,482 X_{2}+0,081 X_{3}
$$

Interpretation of above multiple linear regression equation:
a. $\alpha=9,529$ if the activity, interest and opinions are considered constant, then Independence will remain positive.
b. $\quad \beta_{1}=0,362$, activity variables have a positive effect on Independence, if the activity increases, Independence will increase, assuming Interest and Opinion variables assumed to be constant.
c. $\quad \beta_{2}=0,482$, Interest variables have a positive effect on Independence, if the variable interest increases, Independence will increase, assuming activity and Opinion variables assumed to be constant
d. $\beta_{3}=0,081$, Opinion variable has a positive effect on Independence, if the Opinion increases, Independence will increase, assuming that activity and Interest variables assumed to be constant
e. Interest variable regression coefficient (X2) has the greatest regression coefficient (0.482) means that the interest variable is the dominant variable in this research.

## 3.2. $t$ Test Results

Table V.15. t Test Results
Coefficients

|  |  | Unstandardized <br> Coefficients |  | Standardized <br> Coefficients |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | :---: |
| Model |  | B | Std. Error | Beta | t | Sig. |
| 1 | (Constant) | 9,529 | 2,894 |  | 3,292 | , 001 |
|  | Aktivitas | , 362 | , 063 | , 386 | 5,742 | , 000 |
|  | Interest | , 482 | , 293 | , 319 | 1,648 | , 101 |
|  | Opini | , 081 | , 300 | , 053 | , 269 | , 788 |

a. Dependent Variable: Kemandirian

Source: Primary data were processed, 2014
Table V. 15 prove that:
a. Activity (X1) has a significance level of $0.000<0.05$ by t count $5.742>1.97$ TTable then Ho is rejected, it means that activity has a partial effect on Independence (Y). Testing hypotheses 1 is received.
b. Interest (X2) has a significance level of $0.101>0.05$ with 1.648 t count $<$ TTable 1.97 then Ho is accepted, it means that interest does not have a partial effect on Independence (Y). Testing the hypothesis 2 is rejected.
c. Opinion (X3) has a significance level of $0.788>0.050$ to 0.269 t count $<$ TTable 1.98 , then Ho is accepted, meaning Opinion does not have a partial effect on Independence (Y). Testing the hypothesis 3 is rejected.

### 3.3. F Tests Results

F Tests Results is presented on V.16.table
ANOVA

| Model |  |  | Sum of <br> Squares | df | Mean Square | F |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: |
| 1 | Regression | 785,813 | 3 | 261,938 | 28,732 | Sig. |
|  | Residual | 1422,187 | 156 | 9,117 |  |  |
|  | Total | 2208,000 | 159 |  |  |  |

a. Predictors: (Constant), Opini, Aktivitas, Interest
b. Dependent Variable: Kemandirian

Source: Primary data were processed, 2014
Table V. 16 show the value of $F=28.732$ significance $0,000<0,050$. It can be concluded jointly variables X1, X2 and X3 affect the Independence variables

### 3.4. Determination Coefficient Results ( $\mathbf{R}^{2}$ )

Table V. 17.4. Determination Coefficient Results (R2)

## Model Summary

| Model | R | R Square | Adjusted <br> R Square | Std. Error of <br> the Estimate |
| :--- | ---: | ---: | ---: | ---: |
| 1 | , $597^{a}$ | , 356 | , 344 | 3,019 |

a. Predictors: (Constant), Opini, Aktivitas, Interest

Source: Primary data were processed, 2014
In Table V.16, R2 value of 0.344 indicates the variables X1, X2 and X3 are able to explain $34.4 \%$ on variable of Independence, while the remaining $65.6 \%$ is explained by other variables outside the model are researched.

## D. CONCLUSIONS AND RECOMMENDATIONS

## 1. Conclusions

a. Interest has no significant positive effect on independence of the State high school students in Surakarta. State high school students Surakarta already aware, adult, that life is change so that interest can be changed in accordance with time and age. Interest does not significantly affect
their Independence. It can be seen from living in accordance with the needs and help people if the people ask for help, it makes their life more comfortable .
b. Activity proven, has a positive and significant effect on Independence. Activity is an application in day-to-day activism to achieve an independent life and better. High school students thought that the independent is identical to the successful activities blessed by God Almighty. Become a member of the group of youth organizations, both in school and outside of school very quickly assist in the process of maturation itself and always thorough and serious about completing school projects is important and foremost, because of the good work will produce great results.
c. Opinion had no significant positive effect on Independence. Student opinion may change as changes in age and the passage of time. Students feel confident when they get older then they will be changed opinion on independence. Opinion is something uncertain in the future. As is the case with the newspaper every day the news is not the same and their activities based on sincerity / worship.

## 2. Suggestion

For the government, making the concept of self-reliance that can support students through relevant ministries that can make students ready to independent at an early age with a sense of local / cultural character

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