

# Industrial Engineering Letters

ISSN 2224-6096 (print)

ISSN 2225-0581 (online)

Vol.8 No.4

2018

 **IISTE** International Institute for Science, Technology & Education  
Accelerating Global Knowledge Creation and Sharing

DEAR CAPTAIN

I AM THE SHIP'S DOCTOR AND I RECOMMEND THAT YOU WILL TAKE DIARY PRODUCTS SO YOU DO NOT RISK GETTING SCURVY! ALSO WOULD U TAKE MEAT SO THAT U GET ALL YOUR VITAMINS AND MISERALS.

ALSO I HOPE U RECOMMEND THAT U TAKE SOME FOODS THAT CONTAIN SUGARS ALSO SOME FOODS THAT CONTAIN JUST A LITTLE FAT

 **IISTE**

International Institute for Science, Technology & Education  
Accelerating Global Knowledge Creation and Sharing