

Climate Change Impacts on Water Quality in Tanzania: A Comprehensive Review for Sustainable Water Resource Management.

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Abstract

Water is a fundamental resource for human health, economic development, and ecosystem integrity. In Tanzania, one of East Africa's most ecologically diverse nations, access to clean and safe water remains a critical development challenge. The country's water resources are under mounting pressure due to rapid population growth, urbanization, agricultural expansion, and industrial activities. In recent decades, climate change has emerged as a significant driver influencing both the availability and quality of water resources across the region.Scientific consensus indicates that climate change is altering hydrological cycles globally, with pronounced effects in sub-Saharan Africa. In Tanzania, observed trends and future climate projections highlight increasing temperatures, shifting precipitation patterns, and rising frequency of extreme weather events such as droughts and floods. These changes interact with existing water management vulnerabilities, thereby influencing water quality through both direct and indirect mechanisms.Poor water quality is a major public health concern in Tanzania, where an estimated 88% of the population lacks access to safe drinking water. The degradation of water quality is driven by multiple factors, including microbial contamination, chemical pollution, and sedimentation, all of which are exacerbated by climate-related stressors. Rural communities reliant on shallow groundwater and surface water sources are particularly vulnerable, given their limited adaptive capacity and insufficient infrastructure. This review provides a comprehensive synthesis of current knowledge on the impacts of climate change on water quality in Tanzania. Specifically, it examines the pathways through which climate variability affects water quality parameters, evaluates regional disparities, and identifies key gaps in monitoring and adaptive management. The findings aim to inform sustainable and climate-resilient water resource management strategies aligned with Tanzania's national development priorities and global commitments under Sustainable Development Goal 6.

Keywords: Climate change, water quality, Tanzania, groundwater contamination, extreme weather events, adaptation strategies

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1.0 Introduction

Tanzania confronts a complex intersection of climate change impacts and water quality challenges that threaten public health, economic development, and environmental sustainability. The country's position in East Africa subjects it to significant climate variability, including the El Niño-Southern Oscillation (ENSO) and Indian Ocean Dipole patterns that drive extreme precipitation and temperature variations (Climate Change Knowledge Portal, 2024). Climate change amplifies these natural variations, creating unprecedented conditions that stress both water quantity and quality across Tanzania's diverse hydrological systems.

Recent climate projections using advanced CMIP6 models demonstrate substantial future changes in Tanzania's water resources. Temperature increases range from 0.14°C to 0.21°C per decade under different emissions scenarios (SSP2-4.5 and SSP5-8.5), while precipitation patterns show extreme regional variability with some areas experiencing decreases up to 90.3 mm per decade (Machakos et al., 2024). These climatic shifts directly

influence water quality through multiple mechanisms including altered recharge patterns, increased contamination transport during extreme events, and modified biogeochemical processes in aquatic systems.

Tanzania's water quality challenges extend beyond climate impacts to encompass historical infrastructure deficits, rapid population growth, and emerging contamination sources. Approximately 58 million people (88% of the population) lack access to safe water, while 49 million people (74%) lack access to proper sanitation facilities (Water.org, 2024). This combination of limited infrastructure and climate pressures creates compounding risks for water quality deterioration, particularly in rural areas where communities depend heavily on shallow groundwater sources and surface water bodies vulnerable to contamination.

The significance of understanding climate-water quality interactions in Tanzania extends beyond immediate public health concerns to encompass broader development objectives. Agriculture, which employs 80% of the population and contributes 56% of GDP, depends critically on both water quantity and quality for irrigation and livestock production (UNDP, 2024). Water-related diseases linked to poor quality sources cause approximately 23,900 deaths annually among children under five years old, representing a substantial burden on health systems and economic productivity (Elisante & Muzuka, 2016).

This review synthesizes current knowledge on climate change impacts on water quality in Tanzania, examining both documented changes and projected future conditions. We analyze the mechanisms through which climate variability affects water quality, assess vulnerable populations and regions, and evaluate adaptation strategies currently implemented or proposed. The analysis draws from recent research using advanced climate models, field studies of water quality parameters, and policy documents outlining national adaptation priorities.

2. Climate Change Context in Tanzania

2.1 Observed Climate Trends

Tanzania has experienced significant climate variability over recent decades, with observable changes in temperature and precipitation patterns affecting water resources nationwide. Analysis of meteorological data from 1991-2020 reveals that minimum temperatures show the highest variability with an upward trend of 0.3°C per decade, while maximum temperatures increased by 0.4°C per decade (Machakos et al., 2024). These temperature increases exceed global averages and reflect Tanzania's vulnerability to climate change impacts.

Precipitation patterns demonstrate pronounced regional heterogeneity, with some areas experiencing significant decreases while others show increases. The 2024/2025 seasonal forecasts indicate continued variability, with regions like Kigoma and western zones expecting below-average rainfall, while southern coastal areas anticipate above-average precipitation (Kilimo Kwanza, 2024). This spatial variability creates differential impacts on water resources and quality across Tanzania's diverse geographic regions.

Extreme weather events have become more frequent and intense, affecting water infrastructure and quality. The dramatic recession of Lake Rukwa by 7 kilometers over 50 years and substantial water level drops in Lakes Victoria, Tanganyika, and Jipe demonstrate the magnitude of climate impacts on surface water resources (UNDP, 2024). Mount Kilimanjaro has lost 80% of its glacier coverage since 1912, with complete disappearance projected by 2025, affecting regional hydrology and water availability.

2.2 Future Climate Projections

Advanced climate modeling using CMIP6 global climate models combined with high-resolution regional models provides detailed projections for Tanzania's future climate conditions. Under moderate (SSP2-4.5) and high (SSP5-8.5) emission scenarios, temperatures increase consistently across all regions, with projected warming rates of 0.14-0.21°C per decade from 2040-2071 (Machakos et al., 2024). These temperature increases will accelerate evapotranspiration rates, concentrate contaminants in remaining water sources, and alter chemical processes affecting water quality.

Precipitation projections show greater uncertainty but indicate significant regional variations. Some regions experience increases ranging from 15.5 mm to 47.4 mm per decade under different scenarios, while others face decreases of 0.6 mm to 1.5 mm per decade (Machakos et al., 2024). Despite potential precipitation increases in

some areas, the 2050 projections around Mount Kilimanjaro indicate increased water deficits of approximately 71% in agriculture, 27% in hydropower, and 1% in livestock production (Said et al., 2019).

The timing and intensity of precipitation events will shift substantially, with implications for water quality management. Climate models indicate fewer but more intense rainfall events, which favor groundwater recharge but also increase risks of contamination through storm runoff and infrastructure overflow (Taylor & Jasechko, 2015). These changes require adaptive management approaches that account for both water scarcity and flood-related contamination risks.

3. Mechanisms of Climate Impact on Water Quality

3.1 Drought-Related Water Quality Degradation

Prolonged drought periods increasingly common under climate change create multiple pathways for water quality deterioration. Reduced precipitation decreases surface water volumes, concentrating existing contaminants and creating conditions favoring harmful algal blooms and pathogenic bacteria growth (Olympian Water Testing, 2024). Rising temperatures during drought periods accelerate evaporation rates, further concentrating dissolved solids, nutrients, and toxic substances in remaining water bodies.

Drought conditions force communities to rely more heavily on groundwater sources, many of which contain naturally occurring contaminants or face anthropogenic pollution. In Tanzania's fluoride-affected regions, reduced surface water availability increases dependence on high-fluoride groundwater sources, exacerbating exposure to concentrations often exceeding 10-30 mg/L compared to WHO guidelines of 1.5 mg/L (Ghiglieri et al., 2023). This shift from surface to groundwater sources during droughts represents a critical water quality challenge requiring targeted interventions.

Agricultural drought impacts create secondary effects on water quality through modified land use patterns and increased chemical application. Stressed crops require additional inputs including fertilizers and pesticides, which subsequently contaminate surface and groundwater through runoff and leaching. The intensification of agricultural practices during drought periods to maintain productivity creates long-term contamination risks that persist beyond immediate climate stress periods.

3.2 Flood-Related Contamination Events

Extreme precipitation events and flooding create acute water quality crises through multiple contamination pathways. Flood waters overwhelm septic tanks and latrines, directly introducing pathogenic bacteria, viruses, and parasites into surface water systems and shallow aquifers (Olympian Water Testing, 2024). This contamination pathway particularly affects rural communities lacking centralized wastewater treatment infrastructure, where on-site sanitation systems provide minimal protection during extreme events.

Urban flooding exacerbates contamination through the mobilization of accumulated pollutants from streets, industrial sites, and waste storage areas. In rapidly growing cities like Dar es Salaam and Arusha, inadequate drainage infrastructure allows flood waters to transport heavy metals, petroleum products, and toxic chemicals into water supplies. The combination of poor urban planning and climate-intensified flooding creates contamination risks that affect both immediate water quality and long-term aquifer integrity.

Agricultural runoff during intense precipitation events transports elevated concentrations of nutrients, pesticides, and sediments into surface water bodies. These pollution pulses can exceed the assimilative capacity of receiving waters, leading to eutrophication, oxygen depletion, and toxic algal blooms that persist long after flood waters recede. The increasing intensity of precipitation events under climate change amplifies these contamination risks while reducing the time available for natural attenuation processes.

3.3 Temperature-Driven Chemical and Biological Changes

Rising temperatures directly affect water quality through accelerated chemical reactions and modified biological processes. Higher water temperatures increase the solubility of many minerals, potentially elevating concentrations of naturally occurring contaminants including fluoride, arsenic, and other trace elements in

groundwater systems. Temperature increases also accelerate the degradation of organic pollutants, sometimes producing more toxic intermediate compounds before complete mineralization occurs.

Biological processes affecting water quality respond sensitively to temperature changes. Pathogenic bacteria and viruses survive longer in warmer water conditions, extending contamination periods following pollution events. Algal growth rates increase exponentially with temperature, creating favorable conditions for harmful algal blooms that produce toxins and consume dissolved oxygen. These biological changes compound chemical contamination issues and create complex water treatment challenges.

Thermal stratification in surface water bodies intensifies under higher temperatures, reducing mixing and oxygen transfer while concentrating pollutants in bottom waters. This stratification can create anaerobic conditions favoring the release of phosphorus, metals, and other contaminants from sediments. Climate-driven changes in thermal regimes thus affect both water column chemistry and sediment-water interactions critical for overall water quality.

3.4 Sea Level Rise and Saltwater Intrusion

Coastal regions of Tanzania face increasing saltwater intrusion into freshwater aquifers as sea levels rise and extreme weather events drive storm surge penetration inland. Current observations document seawater intrusion into water wells along the Bagamoyo coast and inundation of Maziwe Island in Pangani District, indicating active saltwater contamination processes (UNDP, 2024). These intrusion events increase salinity levels in coastal groundwater, making sources unsuitable for drinking water or agricultural irrigation.

The rate of sea level rise accelerates beyond projections, with satellite altimetry indicating increases of 0.084 ± 0.025 mm per year, potentially exceeding 65 cm by 2100 (Climate Research Institute, 2024). This acceleration increases saltwater intrusion risks in coastal aquifers already stressed by increased groundwater extraction during drought periods. The combination of reduced freshwater recharge and increased saltwater pressure creates long-term contamination risks requiring immediate adaptation measures.

Land subsidence linked to excessive groundwater extraction compounds sea level rise impacts, creating relative water level increases that accelerate saltwater intrusion. In areas where groundwater extraction for urban and agricultural uses exceeds sustainable yield, aquifer compaction increases vulnerability to saltwater contamination while reducing freshwater storage capacity. This interaction between groundwater management and climate impacts highlights the need for integrated adaptation approaches.

4. Regional Water Quality Impacts

4.1 Coastal Zone Vulnerabilities

Tanzania's coastal regions face multiple climate-related water quality challenges due to their exposure to sea level rise, storm surge events, and saltwater intrusion. The coastal aquifers supporting cities like Dar es Salaam and coastal communities experience increasing salinity levels that compromise freshwater availability. Recent ecosystem-based adaptation projects in coastal areas document the need for mangrove restoration, improved drainage systems, and relocated water supply infrastructure to address these challenges (UNEP, 2024).

Urban coastal areas experience compounded water quality impacts from climate change and rapid population growth. Dar es Salaam's population of 5.4 million creates substantial wastewater generation that often receives inadequate treatment before discharge to coastal waters. Climate-intensified rainfall events overwhelm existing drainage and sewerage infrastructure, creating combined pollution loads that contaminate both coastal waters and groundwater sources through infiltration and seepage.

Industrial activities concentrated in coastal zones contribute additional contamination risks during extreme weather events. Port facilities, manufacturing plants, and fuel storage areas located near coastlines face increased flooding risks that can mobilize industrial pollutants and transport them to water supplies. Climate adaptation strategies for coastal zones must address both natural and industrial contamination sources to protect water quality effectively.

4.2 Mountain and Highland Regions

The Mount Kilimanjaro region exemplifies highland water quality challenges under changing climate conditions. Despite projected precipitation increases of 16-18% by 2050, water deficits increase substantially across sectors due to altered timing and intensity of rainfall events (Said et al., 2019). These changes affect both water quantity and quality as reduced base flows concentrate pollutants while intense precipitation events increase contamination transport from agricultural and urban sources.

Highland regions face unique challenges from changing precipitation patterns that affect both surface and groundwater quality. Altered seasonal timing disrupts traditional agricultural practices, leading to modified fertilizer and pesticide application patterns that affect water contamination. The loss of glacier coverage on Mount Kilimanjaro eliminates a critical source of clean water while increasing dependence on potentially contaminated alternatives.

Coffee and other cash crop production in highland areas creates specific water quality concerns under climate stress. Intensified agriculture to maintain productivity under changing conditions often involves increased chemical inputs that contaminate surface and groundwater sources. Processing facilities for agricultural products generate organic pollution loads that stress water treatment systems already challenged by climate variability.

4.3 Central and Western Regions

The central plateau and western regions of Tanzania experience different climate impacts that affect water quality through drought-related concentration effects and modified groundwater recharge patterns. Areas like Dodoma and Tabora face below-average precipitation projections under climate change scenarios, intensifying existing water scarcity challenges while concentrating contaminants in remaining sources (Kilimo Kwanza, 2024).

These regions depend heavily on groundwater sources that face multiple quality challenges under climate change. Naturally occurring fluoride contamination affects extensive areas, with climate-related changes in recharge patterns potentially altering fluoride mobilization and transport processes. Reduced precipitation decreases groundwater recharge while increasing extraction pressure, potentially drawing water from deeper formations with different chemical characteristics.

Agricultural activities dominating these regions create water quality pressures that climate change intensifies. Extended drought periods increase irrigation demands while reducing dilution capacity in surface waters receiving agricultural runoff. The combination of increased chemical inputs and reduced water availability creates contamination risks that require adaptive management strategies addressing both agricultural productivity and water quality protection.

4.4 Southern Regions and River Basins

Southern Tanzania experiences mixed precipitation projections with some areas receiving above-average rainfall while others face below-average conditions. This spatial variability creates differential water quality impacts within river basins, with upstream changes affecting downstream water quality and ecosystem integrity. The Ruvuma and other southern river systems face altered flow regimes that affect both sediment transport and pollutant dilution capacity.

Mining activities in southern regions create additional water quality concerns under changing climate conditions. Increased rainfall intensity mobilizes mining wastes and contaminants more effectively, while extended dry periods concentrate toxic substances in water sources. Climate adaptation strategies must address both operational mining impacts and legacy contamination from previous activities.

Refugee populations in regions like Kigoma create additional pressure on water resources and quality through concentrated settlement patterns and limited infrastructure. Climate change intensifies these pressures by reducing available water sources while increasing contamination risks from inadequate sanitation facilities. Recent ecosystem-based adaptation initiatives in these areas demonstrate the need for integrated approaches addressing both climate resilience and humanitarian concerns (UNEP, 2024).

5. Health and Socioeconomic Implications

5.1 Public Health Impacts

Water quality deterioration under climate change creates substantial public health burdens that disproportionately affect vulnerable populations. Contaminated water serves as a transmission pathway for cholera, typhoid, dysentery, and other waterborne diseases that particularly threaten children under five years with compromised immune systems (Olympian Water Testing, 2024). Recent research demonstrates significant relationships between climate change, food security, and diarrheal disease prevalence, with climate change increasing diarrhea incidence by 0.214602 (p < 0.01) in Tanzania (Kibria et al., 2024).

Chronic exposure to contaminated water sources creates long-term health impacts including developmental delays in children and increased cancer risk from toxic substances like mercury and arsenic mobilized from mining activities. The combination of climate stress and water contamination creates compounding health risks that overwhelm healthcare systems already strained by limited resources and infrastructure.

Vector-borne disease patterns change under climate-influenced water quality conditions, with altered breeding habitats for mosquitoes and other disease vectors. Stagnant contaminated water from flooding events provides breeding sites for malaria vectors, while temperature increases expand the geographic range of vector species and accelerate pathogen development cycles within vectors.

5.2 Agricultural and Food Security Impacts

Agriculture faces direct impacts from water quality deterioration that threaten food production and rural livelihoods. Poor water quality reduces crop yields and livestock productivity while increasing production costs through the need for alternative water sources or treatment systems. Research indicates climate change substantially impacts food security with effects of -0.331142 (p < 0.01), creating vulnerabilities that compound water quality challenges (Kibria et al., 2024).

Irrigation water quality affects both immediate crop production and long-term soil health. Saline water from coastal intrusion or concentrated dissolved solids from drought conditions can damage soils and reduce agricultural productivity over multiple growing seasons. High fluoride concentrations in irrigation water accumulate in soils and crop tissues, potentially affecting both crop quality and human health through food consumption.

Livestock production faces particular challenges from water quality deterioration as animals require substantial water quantities and show sensitivity to contaminated sources. Poor water quality reduces livestock productivity while increasing veterinary costs and mortality rates. The concentration of livestock during drought periods around limited water sources creates additional contamination through increased organic loading and pathogen transmission.

5.3 Gender and Social Equity Impacts

Women and girls bear disproportionate burdens from water quality challenges under climate change through their traditional roles in water collection and household management. As water sources become more distant or unreliable due to climate impacts, women spend increasing time traveling to collect water, reducing opportunities for education, income generation, and other productive activities (Water.org, 2024).

Water quality deterioration particularly affects women's health through increased exposure to contaminated sources during collection and household water management activities. Pregnant and nursing women face heightened vulnerability to waterborne diseases that can affect both maternal and child health outcomes. Gender-specific adaptation strategies require recognition of these differential impacts and targeted interventions to reduce women's vulnerability.

Social equity considerations extend beyond gender to encompass broader patterns of vulnerability to climaterelated water quality impacts. Rural communities, ethnic minorities, and economically disadvantaged populations often lack resources to access alternative water sources or treatment technologies when climate change compromises local supplies. These populations face environmental justice concerns requiring targeted adaptation support and resources.

6. Current Adaptation Strategies and Policy Responses

6.1 National Policy Framework

Tanzania has developed comprehensive policy frameworks addressing climate change adaptation in water resource management through its National Adaptation Programme of Action (NAPA) and related strategies. The NAPA identifies water resource management as a priority adaptation sector, with 14 selected projects focusing on irrigation, water conservation, and rainwater harvesting systems (UNDP, 2024). These projects emphasize technical interventions including infrastructure development and technology deployment to enhance climate resilience.

Recent policy initiatives integrate climate considerations into water supply planning through mandatory risk assessment and mitigation protocols. The government has established national guidelines for water resource management that incorporate climate change scenarios and adaptation requirements. These frameworks provide institutional foundations for climate-resilient water management while creating coordination mechanisms across sectors and administrative levels.

International cooperation supports policy development through technical assistance and capacity building programs. The Tanzania Meteorological Authority works with UNDP and other partners to enhance climate data collection and analysis capabilities essential for water resource planning under changing conditions. These partnerships provide technical expertise and financial resources for implementing adaptation strategies while building local institutional capacity.

6.2 Technology and Infrastructure Adaptations

Innovation in water treatment technologies addresses specific climate-related quality challenges through locally appropriate solutions. Recent advances include octacalcium phosphate-based systems capable of reducing fluoride concentrations from 21 mg/L to below 1.5 mg/L within two hours, providing effective treatment for naturally occurring contamination (Idini et al., 2020). These technologies offer promise for addressing climate-intensified contamination issues while maintaining affordability for rural communities.

Ecosystem-based adaptation approaches integrate natural systems into climate resilience strategies for water quality protection. Mangrove restoration projects along the coast provide natural barriers against storm surge and saltwater intrusion while supporting biodiversity and carbon sequestration objectives (UNEP, 2024). These nature-based solutions offer cost-effective adaptation options that provide multiple benefits beyond water quality protection.

Early warning systems development addresses the need for timely information about climate-related water quality risks. Flood and drought monitoring systems provide advance warning about potential contamination events, allowing communities and water managers to implement protective measures before water quality deterioration occurs. These systems require continued investment in meteorological infrastructure and communication networks to ensure effectiveness.

6.3 Community-Based Adaptation Initiatives

Local communities develop innovative adaptation strategies based on traditional knowledge and practical experience with climate variability. Rainwater harvesting systems provide alternative water sources during drought periods while reducing dependence on contaminated groundwater. The Kilimanjaro rainwater harvesting concept demonstrates community-scale solutions that enhance water security while maintaining quality standards (Shen et al., 2015).

Behavior change programs address the critical role of community knowledge and practices in water quality management under climate stress. Research indicates that knowledge gaps rather than economic constraints primarily determine technology adoption success, highlighting the importance of education and awareness

initiatives (Gutierrez et al., 2021). Effective programs balance threat awareness with response efficacy to encourage protective behaviors rather than denial or avoidance responses.

Community-based monitoring initiatives engage local populations in water quality assessment and protection activities. These programs build local capacity for detecting contamination while creating ownership of water resources and management systems. Training programs for community water technicians provide essential skills for maintaining treatment systems and responding to climate-related quality challenges.

7. Knowledge Gaps and Research Priorities

7.1 Long-term Monitoring and Data Collection

Significant gaps exist in long-term water quality monitoring data necessary for understanding climate change impacts and developing effective adaptation strategies. Current monitoring networks provide insufficient coverage of rural areas and lack standardized protocols for climate-relevant parameters. Enhanced monitoring systems require investment in equipment, training, and institutional capacity to generate reliable data for decision-making.

Groundwater quality monitoring faces particular challenges due to the hidden nature of aquifer systems and the need for specialized expertise and equipment. Understanding how climate change affects groundwater recharge, flow patterns, and contamination transport requires long-term monitoring programs that integrate surface and subsurface components. These monitoring needs extend beyond basic water quality parameters to include isotopic and geochemical indicators of contamination sources and processes.

Real-time monitoring capabilities using sensor networks and satellite remote sensing offer opportunities for improving climate-related water quality assessment. These technologies can provide early warning of contamination events while reducing costs and labor requirements for traditional monitoring approaches. Integration of remote sensing data with ground-based measurements creates comprehensive monitoring systems suitable for Tanzania's diverse geographic conditions.

7.2 Climate-Water Quality Modeling

Development of integrated climate-water quality models requires advancement beyond current hydrological modeling capabilities to include chemical and biological processes affecting water quality. Existing climate impact models focus primarily on water quantity changes without adequate representation of quality parameters and contamination processes. Advanced modeling systems must integrate atmospheric, hydrological, and biogeochemical components to project future water quality conditions accurately.

Downscaling climate projections to relevant spatial scales for water quality management presents ongoing challenges requiring improved regional climate modeling capabilities. Water quality impacts often occur at local scales not well represented by global climate models, necessitating high-resolution regional models that capture relevant physical processes. These modeling needs extend to temporal scales, requiring representation of extreme events and seasonal variability critical for water quality management.

Uncertainty assessment in climate-water quality projections requires development of probabilistic modeling approaches that account for multiple sources of uncertainty. These uncertainties include climate model variability, downscaling assumptions, water quality process representation, and socioeconomic scenario projections. Effective decision-making requires clear communication of uncertainties alongside best estimates of future conditions.

7.3 Interdisciplinary Research Needs

Integration of natural and social science research addresses the complex human dimensions of climate-related water quality challenges. Understanding community vulnerability, adaptive capacity, and decision-making processes requires interdisciplinary approaches that combine physical science with social science methodologies. These research needs include assessment of institutional capacity, governance effectiveness, and social networks supporting adaptation.

Economic analysis of climate-related water quality impacts requires development of valuation methods for health, environmental, and economic costs. Current economic assessments inadequately capture the full costs of water quality deterioration or the benefits of adaptation investments. Improved economic analysis supports policy development and resource allocation decisions while demonstrating the value of proactive adaptation strategies.

Innovation research addresses the development and deployment of appropriate technologies for climate-resilient water quality management. This research includes technical development of treatment systems, social assessment of technology adoption barriers, and economic analysis of implementation strategies. Effective technology transfer requires understanding of local conditions, preferences, and capacity for operation and maintenance.

8. Recommendations and Future Directions

8.1 Integrated Water Resource Management

Climate-resilient water resource management requires integration across sectors, scales, and timeframes to address the complex interactions between climate change and water quality. Integrated approaches must consider surface water, groundwater, and coastal water systems as interconnected components of the hydrological cycle affected by climate variability. These management strategies require coordination between water supply, sanitation, agriculture, industry, and environmental protection sectors.

Watershed-scale management provides the appropriate geographic framework for addressing climate-related water quality challenges. River basin organizations and watershed committees offer institutional mechanisms for coordinating adaptation strategies across administrative boundaries and sectoral interests. These organizations require strengthening through capacity building, technical assistance, and financial resources to effectively implement integrated management approaches.

Adaptive management principles guide implementation of water quality protection strategies under uncertain climate conditions. Adaptive approaches emphasize flexible strategies that can be modified based on monitoring results and changing conditions. These management systems require robust monitoring programs, regular strategy evaluation, and institutional mechanisms for implementing modifications based on new information.

8.2 Policy and Institutional Strengthening

Water quality standards and regulations require updating to address climate-related contamination risks and emerging pollutants. Current standards often reflect temperate climate conditions and may not adequately protect public health under tropical climate stresses. Standard development must consider both acute exposure risks during extreme events and chronic exposure under changing baseline conditions.

Institutional capacity building addresses the technical and management skills necessary for climate-resilient water quality management. Training programs for water resource professionals must include climate science, adaptation planning, and integrated management approaches. These capacity building needs extend to community-level institutions responsible for local water management and protection activities.

Financial mechanisms for adaptation require development of innovative funding approaches that combine public and private resources. Water quality protection and treatment infrastructure require substantial investments that exceed current public sector capacity. Market-based mechanisms, climate financing, and international development assistance offer potential funding sources requiring institutional development for effective utilization.

8.3 Technology Development and Transfer

Appropriate technology development focuses on solutions suitable for local conditions, operational capacity, and economic constraints. Climate-resilient water treatment technologies must function effectively under variable water quality conditions while requiring minimal external inputs and technical support. Technology development priorities include point-of-use treatment systems, community-scale facilities, and early warning systems for contamination events.

Technology transfer mechanisms require development of supply chains, training programs, and maintenance support systems for water quality technologies. Successful technology deployment depends on local manufacturing capacity, technical support services, and spare parts availability. These requirements necessitate investment in local technical capacity and business development support for technology providers.

Innovation systems connecting research institutions, technology developers, and user communities support continued advancement in climate-resilient water quality management. These systems require funding for research and development, platforms for knowledge sharing, and incentives for private sector innovation. University-industry partnerships offer mechanisms for developing locally relevant technologies while building technical capacity.

9. Conclusions

Climate change presents unprecedented challenges for water quality management in Tanzania through multiple impact pathways that interact with existing vulnerabilities and infrastructure limitations. Temperature increases of 0.14-0.21 °C per decade combined with significant precipitation variability create conditions that stress both water quantity and quality across diverse geographic regions. These climate impacts compound historical infrastructure deficits and rapid population growth to create complex water quality challenges requiring innovative adaptation strategies.

The mechanisms through which climate change affects water quality include drought-related concentration effects, flood-induced contamination events, temperature-driven chemical and biological changes, and sea level rise impacts on coastal aquifers. These processes create both acute contamination risks during extreme events and chronic quality deterioration under changing baseline conditions. Understanding these mechanisms provides essential foundations for developing effective adaptation strategies that address both immediate and long-term challenges.

Regional impacts vary substantially across Tanzania's diverse geographic and climatic zones, with coastal areas facing saltwater intrusion, highland regions experiencing altered precipitation patterns, and central areas confronting intensified drought conditions. These spatial variations require locally adapted management strategies that account for specific climate impacts, contamination sources, and community vulnerabilities. One-size-fits-all approaches prove inadequate for addressing the heterogeneous nature of climate-related water quality challenges.

Health and socioeconomic implications of water quality deterioration under climate change extend beyond immediate waterborne disease risks to encompass broader development objectives including food security, gender equity, and poverty reduction. These impacts demonstrate the interconnected nature of climate adaptation, water management, and sustainable development, requiring integrated policy responses that address multiple objectives simultaneously.

Current adaptation strategies and policy responses provide important foundations for climate-resilient water quality management, but require strengthening and expansion to address projected future conditions. National policy frameworks, technology innovations, and community-based adaptation initiatives demonstrate promising approaches while highlighting the need for continued investment in institutional capacity, technical development, and financial resources.

Research priorities include enhanced monitoring systems, integrated climate-water quality modeling, and interdisciplinary approaches addressing human dimensions of adaptation. These research needs require sustained investment and international collaboration to develop locally relevant knowledge and technologies for climate-resilient water quality management.

Effective adaptation to climate-related water quality challenges requires integrated approaches combining technical innovation, policy development, institutional strengthening, and community engagement. Success depends on maintaining focus on community needs while leveraging technological advances and policy frameworks that support long-term sustainability and scalability. The water quality challenges facing Tanzania under climate change are significant but addressable through coordinated action across multiple sectors and scales.

Future water security for Tanzania's growing population depends critically on proactive adaptation to climaterelated water quality challenges. Achieving Sustainable Development Goal 6 targets for water and sanitation access requires climate-resilient approaches that protect and enhance water quality while expanding access and improving equity. These objectives demand urgent action to implement adaptation strategies based on current knowledge while continuing research and development for emerging challenges.

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