

Short Communication

Plants as potential source of antimicrobial agents

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For microbial infections, either caused by bacteria or fungi, antibiotics are employed. After the discovery of antibiotics it was thought that infectious diseases will no longer exist. But due to irrational use of antibiotics, a number of bacterial strains with multi-drug resistance have emerged (khan et al., 2009) and due to infectious diseases millions of people die every year (Dubey et al., 2012). It is a bitter fact that infectious diseases are the leading cause of the premature deaths which result in approximately fifty thousand deaths annually around the globe (Ahmad and Beg, 2001). The unnoticeable use of antimicrobials both in developing and developed countries led to the creation of microbial resistance problems. It also makes the treatment difficult especially in immunocompromised patients (Ahmad and Beg, 2001).

Plants and plant products have been used as medicines since the start of history. Many researchers have conducted research on the plant products to check their antimicrobial effects (Abu-shanab et al., 2004). The oldest known method for healing is the use of plant. Using higher plants for treatment of diseases had started since the man started to live on this planet (Onyeagba et al., 2004). Traditional medicines including the herbal medicines are used at least for primary health care in some domains in almost every country. In the developing countries about 70-95% patients depends on the natural medicines. In 2008 the worldwide market of natural medicine was of 83 billion US\$ and on annual basis there is exponential increase in this bill. Legal concerns about the herbal/natural medicines vary widely from state to state and country to country and these medicines are used as self-medicines, health foods, functional foods, home care remedies, over the counter medicines, prescription medicines etc. The quality of the herbal/traditional medicines is very difficult to control and maintain consistently. WHO in cooperation with its local and regional offices has made Good Agricultural and Collection Practices (GACP) and Good Manufacturing Practices (GMP) in addition to technical support and assistance for standardization for creation of high quality products. For understanding the approaches of quality, safety and efficacy which are based on research are needed to evaluate the traditional or herbal medicines (Robinson and Zhang, 2011). Search for the relief from infection from natural resources (plants etc.) is not a new idea. People from all over the world use the plant products for healing e.g. it is evident that Neanderthals who lived 60,000 years ago in the present day Iraq used hollyhock, and these plants are still widely used in the ethnomedicine all around globe. Hippocrates mentioned 300-400 medicinal plants in the late 5th century B.C (Cowan, 1999). A number of plants contain compounds that have antibacterial property (Khan et al., 2011). Compounds such as emetine, berberine and quinine which are derived from plants are very effective for the infectious microbes (Iwu et al., 1999). On the earth there are more than 3, 00,000 plant species and only about 2% of plants have been checked so far, for their antimicrobial properties. Plants extracts from more than 157 plant families have been described which have potential antimicrobial properties (Narayan et al., 2010). In United States of America (USA) about 1/4th to 1/2th of the pharmaceuticals dispensed have their origin of higher plants (Cowan, 1999). Medicine which in near past had been derived from natural resources include taxol, camptothecin (anticancerous) and artemisinin (antimalarial). These and many other drugs clearly show that plants serve the potential source of medicine even today.

Substances derived from plants have become paramount importance currently because of their numerous functionalities (Baris et al., 2006). Medicinal plants are the greatest source of all kinds of medicines including traditional system of medicines, modern medicines, nutraceuticals and leads for new chemical entities. About 14-28% of higher plants are used as medicines and about 74% of the medicines from plants

have been derived after exploiting ethnomedicinal use of plants. The process of introduction of new pharmacological active compounds was started first with the identification of new chemical entity then evaluation of its pharmacological activity then its dosage form development and finally with its pharmacokinetic studies, the similar is the case with therapeutic ingredients of plants origin (Ncube et al., 2008). Herbal medicines are the mainstay of treatment in 75-80% population mainly in the developing countries. Reason is that these have better acceptability due to economy and with no or only a few side effects. In the near past the herbal medicines have seen increased use in the developed countries. Due to emergence of microbial resistance to antimicrobials and side effects associated with synthetic or semi synthetic antimicrobial agents, now our main focus is on plant derived extracts or crude plant products (Parekh et al., 2005; Khan et al., 2009). The above discussion clearly indicates that plants are main focus in near future for the discovery of new antimicrobial agents. Below is given a list of few plants which have proven antimicrobial effects and these may be the source of lead compounds.

| No. | Plant name | Part Used | Extract | Microorganisms used | Reference |
|-----|--|-------------------|---------------------|---|------------------------|
| 1 | <i>Achyranthus aspera</i> , <i>Cynodon dactylon</i> , <i>Lanata camara</i> & <i>Tagetes patula</i> | Leaves and shoots | Ethanolic | <i>Bacillus subtilis</i> , <i>Staphylococcus aureu</i> , <i>Pseudomonas aeruginosa</i> | Narayan, et al., 2010. |
| 2 | <i>Quercus infectoria</i> | Galls | Aqueous and acetone | <i>Staphylococcus aureu</i> , <i>Staphylococcus epidermidis</i> , <i>Bacillus subtilis</i> , <i>Escherichia coli</i> , <i>Sallmonella typhimurium</i> , & <i>Pseudomonas aeruginosa</i> | Basri, and Fan, 2005. |
| 3 | <i>Coccinia grandis L.</i> | Leaves and stem | Water and ethanol | <i>Bacillus cereus</i> , <i>Corynebacterium diptheriae</i> , <i>Staphylococcus aureus</i> , <i>Streptococcus pyogenes</i> , <i>Escherichia coli</i> , <i>Klebsiella pneumonia</i> , <i>Proteus mirabilis</i> , <i>Pseudomonas aeruginosa</i> , <i>Salmonella typhi</i> and <i>Shigella boydi</i> | Farrukh, et al., 2008. |

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| 4 | <i>Acacia nilotica</i> , <i>Sida cordifolia</i> , <i>Tinospora cordifolia</i> , <i>Withania somnifer</i> and <i>Ziziphus mauritiana</i> | Root / Bark | Methanol | <i>Bacillus subtilis</i> , <i>Escherichia coli</i> , <i>Pseudomonas fluorescens</i> , <i>Staphylococcus aureus</i> and <i>Xanthomonas axonopodis</i> pv. <i>malvacearum</i> Fungus <i>Aspergillus flavus</i> , <i>Dreschlera turcica</i> and <i>Fusarium verticillioides</i> | Mahesh and Satish., 2008. |
| 5 | <i>Polygonum aviculare</i> | Whole plant | Acetone, ethanol, chloroform and water | <i>Escherichia coli</i> , <i>Proteus mirabilis</i> , <i>Pseudomonas aeruginosa</i> , <i>Salmonella typhi</i> , <i>S. paratyphi</i> and <i>Shigella flexneri</i> , <i>Staphylococcus aureus</i> , <i>Bacillus subtilis</i> , and <i>Streptococcus pyogenes</i> , <i>Aspergillus flavus</i> , <i>Aspergillus fumigatus</i> , <i>Aspergillus niger</i> and <i>C. albicans</i> . | Salama, and Marraiki., 2010. |
| 6 | <i>Heliotropium strigosum</i> | Whole plant | Ethyl acetate, n-hexane, chloroform and water | <i>Escherichia coli</i> , <i>Pseudomonas aeruginosa</i> , <i>Klebsiella pneumonia</i> , <i>Staphylococcus epidermidis</i> , <i>Bacillus subtilis</i> and methicillin resistant <i>Staphylococcus aureus</i> , <i>Aspergillus</i> | Hussain, et al., 2010. |

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| | | | | <i>niger</i> , <i>Aspergillus fumigates</i> , <i>Fusarium solani</i> and <i>Aspergillus flavus</i> | |
| 7 | <i>Woodfordia fruticosa</i> , <i>Adhatoda vasica</i> , <i>Chenopodium ambrosoides</i> , <i>Viburnum cotinifolium</i> , <i>Euphorbia hirta</i> , <i>Vitex negundo</i> , <i>Peganum harmala</i> , <i>Broussonetia papyrifera</i> , <i>Taraxacum officinale</i> , <i>Urtica dioica</i> , <i>Verbascum thapsus</i> , <i>Caryopteris grata</i> and <i>Mimosa rubicaulis</i> | Different parts | Methanol | <i>Staphylococcus aureus</i> , <i>Bacillus subtilis</i> , <i>Micrococcus luteus</i> , <i>Enterococcus faecalis</i> , <i>Escherichia coli</i> , <i>Pseudomonas aeruginosa</i> , <i>Klribella pneumonia</i> , <i>Vibrio Cholera</i> , <i>Enterobacter coccus</i> , <i>Aspergillus niger</i> , <i>Aspergillus flavus</i> , <i>Aspergillus fumigates</i> and <i>Rhizoctonia solani</i> | Khan, <i>et al.</i> , 2011. |
| 8 | <i>Satureja hortensis</i> L., <i>Stachys woronowii</i> R. Mill, <i>Ziziphora clinopodioides</i> Lam. <i>Origanum vulgare</i> L. <i>Letswaart</i> and <i>Sideritis montana</i> L. | Different parts | Methanol | <i>Pseudomonas aeruginosa</i> , <i>Klebsiella pneumonia</i> , <i>Staphylococcus aureus</i> , <i>Bacillus megaterium</i> , <i>Candida albicans</i> , <i>Candida glabrata</i> , <i>Epidermophyton sp.</i> and <i>Trichophyton sp.</i> | Kursat and Erecevit., 2009. |
| 9 | <i>Sapindus emarginatus</i> , <i>Hibiscus rosa-sinensis</i> , <i>Mirabilis jalapa</i> , <i>Rheo discolor</i> , <i>Nyctanthes arbortristis</i> , <i>Colocasia esculenta</i> , <i>Gracilaria corticata</i> , <i>Dictyota spp.</i> , and <i>Pulicaria wightiana</i> | Leaves or whole plant | Water and methanol | <i>Pseudomonas testosteroni</i> , <i>Staphylococcus epidermidis</i> , <i>Klebsiella pneumoniae</i> , <i>Bacillus subtilis</i> , <i>Proteus morgani</i> , and <i>Micrococcus flavus</i> | Nair, <i>et al.</i> , 2005. |

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| 10 | <i>Vernonia amygdalina</i> , <i>Eucalyptus citriodora</i> and <i>Phyllanthus amarus</i> | Different parts | Water and ethanol | <i>Vernonia amygdalina</i> (Bitterleaf), <i>Eucalyptus citriodora</i> (Eucalypt) and <i>Phyllanthus amarus</i> | Sule and Agbabiaka, 2008. |
| 11 | <i>Balanites aegyptiaca</i> and <i>Moringa oleifera</i> | Leaves | Water acetone and ethanol | <i>Salmonella typhi</i> | Doughari et al., 2007. |
| 12 | <i>Parthenium hysterophorus</i> , <i>Stevia rebaudiana</i> and <i>Ginkgo biloba</i> | Leaves | Methanol, ethanol and dichloro-methane | <i>Escherichia coli</i> , <i>Pseudomonas aeruginosa</i> , <i>Klebsiella pneumoniae</i> , <i>Bacillus subtilis</i> , <i>Enterococcus</i> spp., and <i>Staphylococcus aureus</i> | Fazal et al., 2011. |
| 13 | <i>Acalypha indica</i> , <i>Cassia auriculata</i> , <i>Eclipta alba</i> and <i>Phyllanthus niruri</i> | Leaves and roots | Water and ethanol | <i>Escherichia coli</i> , <i>Proteus vulgaris</i> , <i>Staphylococcus aureus</i> and <i>Bacillus subtilis</i> | Chitravadivu et al., 2009. |
| 14 | <i>Prosopis cineraria</i> , <i>Capparis decidua</i> , <i>Tinospora cordifolia</i> , <i>Carissa carandas</i> and <i>Cordia Dichotoma</i> | | Benzene, chloroform, acetone methanol and water | <i>Staphylococcus aureus</i> , <i>Staphylococcus epidermidis</i> , <i>Escherichia coli</i> , <i>Aspergillus niger</i> and <i>Candida albicans</i> | Salar and Dhall, 2010. |
| 15 | <i>Solanum xanthocarpum</i> Schrad. and Wendl. | Leaves, stem, roots and fruits | Ethanol, benzene, acetone and methanol | <i>Staphylococcus aureus</i> , <i>S. epidermidis</i> , <i>Escherichia coli</i> , <i>Pseudomonas aeruginosa</i> and <i>Aspergillus niger</i> | Salar and Suchitra, 2009. |
| 16 | <i>Aegle marmelos</i> | Leaves | Petroleum ether, dichloromethane, chloroform, ethanol and | <i>Micrococcus glutamicus</i> , <i>Lactobacillus bulgaris</i> , | Rajasekaran et al., 2008. |

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| | | | water | Streptococcus faecalis, Staphylococcus aureus, Bacillus stearothermophilus, Staphylococcus pyogenes, Micrococcus luteus, Bacillus cereus, Escherichia coli and Pseudomonas aeruginosa | |
| 17 | <i>Allium sativum</i> Linn, <i>Zingiber officinale</i> and <i>Citrus aurantifolia</i> Linn. | Fruits and rhizome | Water and ethanol | <i>Bacillus spp.</i> , <i>Staphylococcus aureus</i> , <i>Escherichia coli</i> , <i>Salmonella spp.</i> | Onyeagba <i>et al.</i> , 2004. |
| 18 | <i>Ximenia americana</i> | Leaves | Ethanol | <i>Escherichia coli</i> , <i>Pseudomonas aeruginosa</i> , <i>Proteus vulgaris</i> , <i>Bacillus subtilis</i> , <i>Staphylococcus aureus</i> , <i>Candida albicans</i> | Ogunleye and Ibitoye, 2003. |
| 19 | <i>Acacia nilotica</i> , <i>Terminalia arjuna</i> , <i>Eucalyptus globulus</i> , <i>Syzygium aromaticum</i> and <i>Cinnamomum zeylanicum</i> | Leaves and bark | Ethanol | <i>Escherichia coli</i> , <i>Klebsiella pneumonia</i> , <i>Candida albicans</i> , <i>Streptococcus mutans</i> , <i>Staphylococcus aureus</i> , <i>Enterococcus faecalis</i> , <i>Streptococcus bovis</i> , <i>Pseudimonas aeruginosa</i> , <i>Salmonella typhimurium</i> , <i>Escherichia coli</i> , <i>Klebsiella pneumonia</i> , <i>Candida albicans</i> | Khan <i>et al.</i> , 2009. |

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| 20 | <i>Syzyium aromaticum</i> , <i>Cinnamomum cassia</i> , <i>Salvia officinalis</i> , <i>Thymus vulgaris</i> and <i>Rosmarinus officinalis</i> | Water methanol and ethanol | Seeds, bark and leaves | <i>Staphylococcus aureus</i> , <i>Pseudomonas aeruginosa</i> , <i>Escherichia coli</i> , <i>Bacillus subtilis</i> | Abu-shanab <i>et al.</i> , 2004. |
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