The Influence of Police Training Programmes on Police Officers Participation in Gender Based Violence Prevention in Uganda

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Abstract
This study sought to investigate the influence of police training programmes on police officers participation in gender based violence prevention in Uganda. The investigation was provoked by the reportedly deteriorating performance of police officers in areas of gender based violence prevention despite of government’s effort to transform Uganda to a middle income country by 2040. The specific areas studied were the influence of police training on their participation in enforcement of laws related to gender based violence prevention, creating awareness on gender based violence prevention to the community and police officers efforts to prevent gender based violence. The study took an interpretive philosophical paradigm and was underpinned by the Social learning theory and the Expectancy theory of Motivation. Data was collected using questionnaires, interviews, Focused Group Discussions, participant observation and documentary analysis. A total of 412 police officers and 80 non police officers participated in the study. Quantitative data was analyzed using SPSS by use of descriptive statistics, correlation analysis, Regression analysis and Analysis of Variance (ANOVA) while qualitative data was analyzed using thematic analysis by use of transcription, coding and themes development. The study findings showed a strong positive relationship between training programmes and participation in gender based violence prevention, \( r = 0.530, p = 0.000, n = 412 \). It further showed that police training programmes are predictors of police officers participation in gender based violence prevention, \( pv < 0.050 (= 0.000) \). The relationship is statistically significant at 95% confidence level. The researcher concluded that police training programmes influence police officers participation in gender based violence prevention in Uganda. Thus it was recommended that police management promote community awareness on gender based violence prevention by allocating enough funds to standardize training and other activities related to gender based violence prevention in Uganda.

Keywords: Police Training Programmes Gender Based Violence Prevention.
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1.0 BACKGROUND TO THE STUDY
This study sought to find out how police training programmes influence police officers’ participation in gender based violence prevention in Uganda. In this study police training programmes means an inventory of activities, content and/or methods implemented to achieve police training objectives (acquiring/imparting knowledge, skills and/or competences), organized in a logical sequence over a specified period of time. while Gender based violence prevention (GBVP) means stopping any harmful act that is perpetrated against a person’s will basing on biological, sex, gender identity or perceived adherence to socially defined norms of masculinity and femininity, including acts, threats, coercion or arbitrary deprivations of liberty whether occurring in public or private life in form of economic, physical, sexual or emotional from happening.

The study was carried out between 2014 -2019. The study only covered police officers participation in GBVP. The study hypothesis was stated as: Police training programmes influence police officers participation in gender based violence prevention in Uganda. It was guided by the question which stated that: How do police training programmes influence police officers participation in gender based violence prevention in Uganda?!. It only investigated the initial police training programmes because they are mandatory to all police officers irrespective of the level of entry. According to the Uganda police force training policy (2014) and the Uganda Police Force curricula for cadet assistant superintendents of police (2015) and probationer police constable (2015), Police officers are expected to go into thorough training and thereafter participate into gender based violence prevention (Uganda Constitution 1995 as amended, The national policy on elimination of gender based violence in Uganda 2016, Uganda National Gender Policy 2017, Police Act, Police Standing Order, Uganda police force Gender.
Policy 2018, Uganda police force Human Rights Policy 2019). However, their performance upon graduation seems not to tandem with what they study, for example in 2017, the number of cases reported to police was 252,065 compared to 243,988 cases in 2016 with common assaults, domestic violence, defilement threatening violence, obtaining money by false pretense as the leading of fences, thereby reflecting an increase in the volume of crime by 3.3 %. Defilement which is one of the dimensions of gender based violence was the leading crime and on increase with 12,077 cases reported in 2014 up from 9,598 in 2013 which represents 26 % increase (Uganda Police Force Annual Crime Report. 2017& 2014). Failure to address these weaknesses will not only worsen gender based violence but will hinder the achievement of vision 2040 of a middle income country. Could the weaknesses in police performance be related to their training?

2.0 RELATED LITERATURE AND METHODOLOGY.


It further revealed that police gender desks are facing various challenges such as lack of both human and non-human resources, and social – cultural issues (Kimani. 2009, UNFEM. 2000, National Gender & Equality Commission of Kenya. 2014, Wanjohi. 2016, Ndenje. 2014, Policy Brief - forum against GBV. 2012). The literature revealed that police officers in Uganda are among the key stakeholders in the prevention of GBV (The National Policy on Elimination of Gender Based Violence in Uganda. 2016, The Uganda Gender Policy. 2017, The Uganda Police Force Gender Policy. 2018, The Uganda Police Force Human Rights Policy. 2019, The Children Diversion Guidelines for Police officers. 2019). For easy data presentation, analysis and interpretation respondents were categorized into police officers and non-police officers. Strongly agree and agree were presented as agreed yet strongly disagree and disagree were presented as disagreed. Only majority, s views were presented, 60 % and above was interpreted as enough and needed to be upheld while 59 % and below was interpreted as insufficient and needed improvement.

The study took an interpretive philosophical paradigm, mixed research methods and a survey design. All these were intended to help the researcher understand better the police officers and members of public analysis and interpretation of the police training programmes on police officer officers’ participation in gender based violence prevention in Uganda. It would also help the researcher in assessing and validating complex situations in police training programmes so as to make relevant, timely and applicable interventions. The parent population was the cohort of 2014 and 2010 police officers in takes as they had gone through the same curriculum and had stayed in the field for at least some time, so they could make rationale judgments if their initial training programmes enable them to participate in gender based violence prevention in Uganda. The study targeted 550 participants, 450 police officers and 100 members of public with a hope that this would give a confidence level of 95 % and a margin of error of $0.80 which is an essential figure for an object. Mixed methods validity/ data legitimation was by sample integration, inside – outside, weakness minimization, sequential, conversation, paradigmatic mixing, commensurability, multiple validities and political.

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3.0 Data Presentation, Analysis, Discussion and Interpretation.

<table>
<thead>
<tr>
<th>Response category</th>
<th>Targeted sample size</th>
<th>Actual number of respondents</th>
<th>Response Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Police training school administrators</td>
<td>8</td>
<td>8</td>
<td>100.0%</td>
</tr>
<tr>
<td>Instructors</td>
<td>125</td>
<td>111</td>
<td>88.8%</td>
</tr>
<tr>
<td>Police graduates.</td>
<td>312</td>
<td>268</td>
<td>85.9%</td>
</tr>
<tr>
<td>District police leaders</td>
<td>25</td>
<td>25</td>
<td>100.0%</td>
</tr>
<tr>
<td>Members of public</td>
<td>20</td>
<td>20</td>
<td>100.0%</td>
</tr>
<tr>
<td>District leaders</td>
<td>20</td>
<td>20</td>
<td>100.0%</td>
</tr>
<tr>
<td>Community leaders</td>
<td>20</td>
<td>20</td>
<td>100.0%</td>
</tr>
<tr>
<td>Government agencies</td>
<td>10</td>
<td>10</td>
<td>100.0%</td>
</tr>
<tr>
<td>Non-government organisations</td>
<td>10</td>
<td>10</td>
<td>100.0%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>550</strong></td>
<td><strong>492</strong></td>
<td><strong>89.5%</strong></td>
</tr>
</tbody>
</table>

**Source:** Primary data (2018)

Table 3.1. Response rate

Table 3.1 shows that the study had a response rate of 89.5% which means that the study had a reasonable response rate. It further shows that respondents included police officers and non-police officers meaning that the population was heterogeneous in nature which reflects unbiased findings, conclusions and recommendations in this study. Therefore the estimates can be generalized in line with the influence of police training programmes on police officers participation in gender based violence prevention in Uganda. A response rate of 89.5% shows the enthusiasm of the researcher and respondents on the influence of police training programmes and police officers participation in gender based violence prevention in Uganda.

![Figure 3.1: Gender and age of the 412 police officers who answered the questionnaire](image)

Figure 3.1 above shows that the majority of the police officers, 73 percent were male as compared to 27 percent that were female. In terms of age groups, the majority, 69 percent were aged 20 – 29 years, whereas 26 percent were aged 30-39 years and five percent only were aged 40-49 years. This confirms the UPF Strategic policing plan 2014/15-2020 as on October 2014 that there are more male police personnel than female police personnel in UPF (5958 females compared to 36752 male officers) and that majority of the personnel who participated in this study had gone through the same curriculum and are trainable. Secondary this is the age bracket where most Ugandans are facing challenges related to GBVP as they are out of schools.

The respondents’ demographic characteristics of members of public in terms of gender, age, highest standard of education attained and marital status were sought. This was done in the quest to establish whether these characteristics of the respondents had an impact on the data they provided to this study about the police participation in GBVP in Uganda.
Figure 3.2 Gender and age of the respondents

According to the results in Figure 3.2 above, more than half 59% of the study respondents were male and 41% were female. Despite of the observed disparity in favor of men, the study was gender inclusive since data was obtained from both male and female members of the public. This therefore implies that the study findings can be generalized to represent views of both male and female members of the public about police participation in GBVP in Uganda.

As indicated in the Figure 3.2, the biggest proportion 30% of the study respondents were aged between 30 and 39 years of age, followed by 26% who were aged between 20 – 29 years. 21% were between 40-49 years. 15% of the respondents were aged between 50 – 59 years and the last category of 60 years and above was represented by 8%. This means that data were collected from mature people who understood well the study variables. Secondly, data was collected from different age categories of the members of public. This therefore implies that the study findings can be generalized to represent the views of the public at large about police participation in GBVP in Uganda.

Figure 3.3 Highest Academic Standards of 412 police officers.

Figure 3.3 above show that most of the police officers possessed “A” Level (31%) (Higher secondary level of education), Diploma (32%) or Graduate (34%) levels of education. Respondents with Primary, “O” Level (secondary school level of education) or Post graduate levels of education were of negligible numbers. This means that the majority of respondents understood issues related to PTPs and police officers participation in GBVP and are trainable as they had attained a reasonable level of education. The respondents were asked about their highest standard of education to ascertain whether this had an impact on their knowledge about the police participation in GBVP in Uganda and results are presented in the figure.
The findings in Figure 3.4 indicate that most 30% of the study respondents were educated up to degree level, followed by 18% who were educated up to Advanced level, then by 16% who had attained post graduate qualification, then by 15% who had finished Ordinary level, then 14% who had attained ordinary diploma qualifications and lastly by 14% who were educated up to primary level. This shows that data was attained from respondents of different education categories. This implies that the views of the general public were well represented in the study.

The marital status and period of service in the Uganda Police service by the respondents were also collected to assess whether they have a bearing on GBVP in Uganda and the findings are shown in the pie chart.

Figure 3.5 above shows that police officers that were married (46 percent) were almost equal in number to
those that were single (45%), whereas the divorced constituted eight percent only and the windows/widowers comprised one percent only. In terms of period in service, the majority 78 percent had served between 1 – 10 years, while 11 percent has served 11 – 12 years and those that had served over 20 years were generally negligible in number. This means that majority of the respondents had experience to better apply personnel knowledge, understanding, skills, attitude and behavior on issues related to PTPs and police officers participation in GBVP as they had gone through the same current curriculum. Questionnaire for members of public only sought their opinions and views on what police has done and what should do in the studied areas. The marital status of the respondents was captured and this was intended to assess whether this had an impact of the views that they gave about the police participation in GBVP in Uganda. Results are presented in the chart.

Figure 3.6: Marital status of the 80 non-police officers

The findings in Figure 3.6 indicate that most 38% of the study respondents were married, 31% were single, 20% were either divorced or separated from their partners and lastly 11% were widowed. This shows that data was obtained from all the categories and this implies that it was free of marital bias and can be used to represent the views of the general public about police participation in GBVP in Uganda.

The hypothesis was guided by the question. How have police training programmes influenced police officers participation in the prevention of gender based violence in Uganda?

In order to understand the views of the respondents on training programmes, so as to establish whether they have influence on police officers prevention of gender based violence, the study used fifteen statements on the questionnaire to which the respondents were required to show their level of agreement or disagreement.

Qualitative findings from interview guide and unstructured questions were used to substantiate the quantitative findings. The quantitative findings from the 412 police officers that answered the questionnaires are presented in Table 3.2.
Table 3. 2. Police officers prevention of gender based violence.

<table>
<thead>
<tr>
<th>Statements</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Training:</td>
<td></td>
</tr>
<tr>
<td>Police officers are adequately Trained on gender based violence prevention in Uganda</td>
<td>7 48 36 7 2</td>
</tr>
<tr>
<td>Police Trainers cover Gender Based Violence Prevention in Uganda adequately during the initial police training programmes.</td>
<td>7 44 42 5 2</td>
</tr>
<tr>
<td>Time allocated to cover Gender Based Violence prevention content during initial police training programmes is enough</td>
<td>13 43 39 5 0</td>
</tr>
<tr>
<td>The assessment methods during initial police training programme facilitated learning on GBV prevention</td>
<td>7 51 34 6 2</td>
</tr>
<tr>
<td>The training methods during initial police training programme facilitated learning on GBV prevention</td>
<td>5 48 40 4 3</td>
</tr>
<tr>
<td>The instructional strategies during initial police training programme facilitated learning on GBV prevention</td>
<td>5 46 41 4 4</td>
</tr>
<tr>
<td>Performance:</td>
<td></td>
</tr>
<tr>
<td>Police officers promote community awareness on gender based violence prevention in Uganda</td>
<td>6 60 31 3 0</td>
</tr>
<tr>
<td>Police officers enforce laws on gender based violence prevention in Uganda</td>
<td>4 56 36 3 1</td>
</tr>
<tr>
<td>Police officers assist victims of gender based violence prevention at police stations/posts in Uganda</td>
<td>5 57 29 8 1</td>
</tr>
<tr>
<td>Police officers practice gender based violence prevention in Uganda</td>
<td>7 56 33 3 1</td>
</tr>
<tr>
<td>Perpetrators of gender based violence in Uganda are counseled by police officers</td>
<td>5 53 33 7 2</td>
</tr>
<tr>
<td>Police officers carry out referrals to gender based violence victims in Uganda</td>
<td>8 42 41 7 2</td>
</tr>
<tr>
<td>Police has enough resources to prevent gender based violence in Uganda</td>
<td>11 43 34 8 4</td>
</tr>
<tr>
<td>Police officers have knowledge, understanding, skills, attitude and behavior to handle gender based violence cases in Uganda in time</td>
<td>8 59 28 3 2</td>
</tr>
<tr>
<td>Witnesses of Gender Based Violence cases are protected by police officers in Uganda</td>
<td>6 55 29 7 3</td>
</tr>
</tbody>
</table>

Source: Primary data (2018)

Training was one of the dimensions used to measure police officers prevention of gender based violence and the findings are here under presented. Strongly agreed and agree responses are both presented as agree, whereas strongly disagreed and disagree responses are both presented as disagreed. On the issue of whether Police officers are adequately trained on gender based violence prevention in Uganda, the majority, 55% agreed; 7% strongly agreed and 48% agreed. This means that police officers are trained on GBV during police training programmes in Uganda.

Table 3. 2 further shows that on whether Police trainers cover gender based violence prevention content in Uganda adequately during the initial police training programmes, the majority, 51% agreed; 7% strongly agreed and 44% agreed. Still this means that police trainers in Uganda cover GBV during police training. On whether time allocated to cover Gender Based Violence prevention content during initial police training programmes is enough, the majority, 56% agreed; 13% strongly agreed and 43% agreed. Also this means that time to cover GBV prevention content is allocated during police training programmes in Uganda.

On whether the assessment methods during initial police training programme facilitated learning on GBV prevention, the majority, 58% agreed; 7% strongly agreed and 51% agreed. This means that the assessment methods during police training programmes in Uganda facilitate police officers learning of GBV prevention. On the issue of whether the training methods during initial police training programme facilitated learning on GBV prevention, the majority, 53% agreed; 5% strongly agreed and 48% agreed. This means that the training methods during police training in Uganda facilitate learning on GBV prevention. Finally on whether the instructional strategies during initial police training programme facilitated learning on GBV prevention, the majority, 51% agreed; 5% strongly agreed and 46% agreed. Also this means that the instructional strategies during police training in Uganda facilitate learning on GBV prevention.

Table 3. 2 shows that the majority of the police officers, 66% agreed that Police officers promote community awareness on gender based violence prevention in Uganda; 6% strongly agreed and 60% agreed. This suggests that police training influences police officers participation in gender based violence prevention in Uganda. On whether Police officers enforce laws on gender based violence prevention in Uganda, the majority, 60% agreed; 4% strongly agreed and 56% agreed. This means that police training in Uganda influences police officers...
enforcement of laws related to gender based violence prevention. On the issue of whether Police officers assist victims of gender based violence prevention at police stations/posts in Uganda, the majority of the police officers, 62% agreed; 5% strongly agreed and 57% agreed. This means that police training influences police officers assistance to victims of gender based violence at police stations/posts in Uganda.

Furthermore on whether Police officers practice gender based violence prevention in Uganda, the majority, 63% agreed; 7% strongly agreed and 56% agreed. This means that police training influences police officers participation in gender based violence prevention in Uganda. In order to find out further how police provide gender based violence prevention, an interview was held with an official from a government organization and had this to say “police has established departments of Child and family protection departments at headquarters, regional and district headquarters, carry out community awareness to the public on the dangers of GBV, and work hand in hand with our personnel at various levels. These departments have helped provide gender based violence prevention to the communities”.

In a FGD with six police officers on the same, the following were obtained “Police apprehends and prosecutes offenders of GBV, assist victims, counsels both offenders and victims, carries out referrals, it is one of the modules in our curriculum and carries out community awareness”. In FGD with members from Non-Government Organizations that advocate for the end of GBV in Uganda on what police should do to end GBV in Uganda, the following responses were got: police officers should be given enough resources so that they stop demanding facilitation from victims and suspects of GBV, more trainings should be given to police officers on GBV so that cases do not fail due to lack of sufficient and collaborative evidence and poor statement recording, more decent structures like counseling room, holding Centres together with other requirements like mattresses, basins, chairs and food be constructed and provided at the police stations.

Table 3. 2 further shows that on whether perpetrators of gender based violence in Uganda are counseled by police officers, the majority of the police officers, 58% agreed; 5% strongly agreed and 53% agreed. On whether Police officers carry out referrals to gender based violence victims in Uganda, the majority, 50 % agreed; 8% strongly agreed and 42% agreed. This means that police training programmes influence on police officers to carry out referrals to GBV victims. Asked further whether Police has enough resources to prevent gender based violence in Uganda, the majority, 54% agreed; 11% strongly agreed and 43% agreed. This means that police has some resources to handle GBV in Uganda.

On the issue of whether Police officers have knowledge, understanding, skills, attitude and behavior to handle gender based violence cases in time, the majority, 67% agreed; 8% strongly agreed and 59% agreed. This means that police training influences police officers knowledge, understanding, skills, attitude and behavior to handle GBV cases in Uganda. Table 2 further shows that on whether witnesses of Gender Based Violence cases are protected by police officers in Uganda, the majority, and 61% agreed; 6% strongly agreed and 55% agreed. This means that police training in Uganda influences police officers protection of witness in GBV cases. In order to find out further what police should do to prevent GBV in Uganda, an interview was held with one of the country coordinator of a Non-Government Organization and had this to say “police needs to standardize its training; police should emphasis non-conventional methods of training, the training policy and curriculum needs to be reviewed”.

On the question what police has done to prevent GBV, from police officers the following thematic themes were finally developed. Police has incorporated GBVP into its curricula at all levels and has manuals on GBVP for Initial courses, UPF has a Gender policy which is both inner and outside looking i.e. caters for gender matters in and outside police. Police has established departments to specifically handle gender related crimes and other matters. Such departments include Women Affairs, Child and Family Protection, Sexual and Gender based violence department under the Directorate of Criminal Investigations, Police partners with other stakeholders to prevent GBV. Partners include Government departments under Justice, Law and Order Sector, Non - Government Organisations, members of public, Police budget is gender based focused, Police training programmes are gender based focused with a 30 % female ratio and has Standard Operating Procedures during and after Trainings. It is one of the areas for its community policing programmes and Police enforces laws related to gender based violence.

When police officers were asked on what police should do to end Gender Based Violence Prevention in Uganda, responses were generated under the following thematic themes.

Police should review its curricula and training manuals to include sexual and health reproductive rights, social norms, accountability and monitoring mechanisms, operationalize the established departments up to the lowest police units, allocate more funds to gender based violence prevention programmes and revise police forms or gazette a particular police form for gender based violence related crimes. Respondents from members of public noted that the UPF have been recording GBV cases and have provided statistics of reported cases. Respondents acknowledged that UPF was providing security to GBV victims/survivors and sensitizing communities on the implications of GBV crimes. Respondents also noted that UPF has provided a toll free hotline where communities report GBV cases for rapid response. In addition, the respondents from members of public raised a number of steps that can be taken by police to prevent GBV in communities and noted that the UPF should build and equip police
stations to carry out timely GBV investigations, and to facilitate timely apprehension of perpetrators/suspects. Respondents pointed out that UPF needs to prioritize funds towards internal development and reviews of curriculum to include GBV include sexual and reproductive health rights, social norms, and monitoring and evaluation mechanisms. Respondents noted that GBV is offered sufficient office space, equipment to store exhibits, motor vehicles, and fuel for GBV/SGBV investigations.

In FGD with officials from the government departments on the same, the following were got (1) police develop curricula for various courses (2) police develop training manuals (3) police develop trainers guides (4) conduct training needs assessments regularly (5) put in place quality assurance measures, guidelines and minimum standards for a police training school (6) create a data bank for trainers and trainees (6) implement the police training policy. In addition, members came up with the following issue to be included in the police curriculum: (1) communication skills (2) sign language (3) French (4) Arabic (5) International and regional laws, protocols, treaties and policies on GBV prevention. In another FGD with police officers on what non-conventional methods of teaching should police undertake?, the following were generated (1) coaching (2) mentoring (3) delegation feedback (4) task force activities (5) attachments (6) study visits (7) exchange visits (8) twining programmes (9) rotations and transfers (10) research (11) distance learning (12) detachments (13) benchmarking for comparison purposes.

In an interview with the district leader to find out what police should do to prevent GBV in Uganda, she replied that “police should focus on scientific based policing skills development”. When probed further to mention such scientific based policing skills which are needed, she replied that “forensics science and ICT. In order to find out further which forensics science and ICT is needed by police to end GBV, a FGD was held with police officers and members of the community and the following answers were got: (1) criminal identification skills like finger printing, blood samples, sexual liquids, sweat, and silver, (2) questioned documents. (3) Ballistics science (4) cyber-crimes (5) chemical analysis such as DNA, Texiology, drugs, water, and environment (6) use of closed circuit television, (7) electronic counter measures like photographic interpretation, writing expertise skills interpretation (8) chemical, Radiological, Biological and nuclear caused related offences, (9) voices analysis. Another interview with another country coordinator of a Non-Government Organization to find out what police should do to prevent GBV in Uganda was held; he replied that “police should train its officers on International and Regional laws, treaties, protocols and declarations on GBV which seems to be lacking among police officers”. From all the FGDs and interviews, underfunding aspect came to be the common issue as far as GBVP is concern. In order to find out further which International and Regional laws, treaties, protocols and declarations should be taught to police officers, a FGD was held with members from government departments non-government organisations which deal with matters concern with GBVP, they all agreed that there is need to train police officers on the international and regional laws, treaties, protocols and declarations which are concern with GBVP.

Documentary review revealed that UPF has a module on SGBVP and child protection in the initial curriculum for C/ASPs and PPCs. The content/topics in this module are (1) definition of sexual and gender related concepts (2) introduction to SGBVP (including forms), (3) myths and stereotypes, (4) causes and consequences of SGBVP, (5) legal frame work and international legal frame works, (6) offences and penalties, (7) SGBVP as human rights violation, (8) domestic violence, (9) characteristics of suspects, victims/survivors of SGBVP, (10) guiding principles (safety, respect, confidentiality), (11) roles of police officers in response to and prevention of SGBVP (processes and procedures of handling SGBVP cases), (12) gender mainstreaming in UPF, (13) interpretation of the children’s Act, (14) rights of the child, (15) child rights violation, (16) juveniles in contact and conflict with the law (survivors/victims and those that need protection from police), (17) interviewing child witnesses and victims/survivors, (18) juvenile justice system (diversions and referrals), (19) roles of stakeholders in child protection (duties of probation officers etc.). This module has 39 total lecture hours, 27 total tutorial hours, 10 total practical hours, 76 total contact hours and 4 total credit units. The mode of assessment for this module is by written examinations (intermediate and final) which is out of 50%, classroom assignment/coursework which is out of 15%, practical assignment which is out 30% and peer rating which is out of 05%. The pass mark for this module is 50%. Resource persons had formal education in various disciplines, the lowest being Advanced certificate of education with a minimum experience of five years in police force and had done several courses related to police work. Methods of delivery included lectures, guided discussions, simulations and practical. The module has course codes, course level, course description and learning outcomes with a list of reference materials and equipment as well as the ranks/titles of resource persons.

Also the review of Human Rights Training Manual for the UPF produced by the Uganda Human Rights Commission and UPF confirmed that police officers are trained on sexual and gender based violence prevention. The Trainer’s guide for UPF on Human Rights, GBV and child protection developed by United Nations Human Rights, UNICEF, UNFPA and UPF was revealed during this study. This revealed that police officers are trained on (1) what is gender, (2) gender related concepts, (3) definition, characteristics and causes of GBV, (4) categories and effects of GBV, (5) key international instruments on violence against women, national legislation on violence against women, (6) guiding principles on handling cases of GBV, step by step, procedures of handling cases of
sexual assault, interviewing victims and witnesses, risk assessment, Post Exposure Prophylaxis (PEP) and emergency contraceptive pills.

<table>
<thead>
<tr>
<th>Study Variables</th>
<th>Pearson Correlation</th>
<th>Training programmes</th>
<th>Prevention of gender based violence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Training programmes</td>
<td>Sig. (2-tailed)</td>
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<td>.530*</td>
</tr>
<tr>
<td>N</td>
<td></td>
<td>412</td>
<td>412</td>
</tr>
<tr>
<td>Prevention of gender based violence</td>
<td>Pearson Correlation</td>
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<td>1</td>
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<tr>
<td>Sig. (2-tailed)</td>
<td>.000</td>
<td>412</td>
<td>412</td>
</tr>
<tr>
<td>N</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*, Correlation is significant at the 0.05 level (2-tailed).

Table 3.3. Correlation Matrix for police training programmes and police officers prevention of gender based violence in Uganda.

Table 3.3 shows that there is a moderate positive relationship between training programmes and prevention of gender based violence, (r=0.530, p=0.000,n=412). The relationship is statistically significant at 95% confidence level since p-value (Sig.) is less 0.050 (=0.000). This means that improvements in Training programmes during police officers’ training shall be related to improvements in prevention of gender based violence. Similarly decline in training programmes during police officers’ training shall be related to decline in prevention of gender based violence.

Regression analysis was used to establish the influence of training programmes on police officers prevention of gender based violence in Uganda and this was guided by the following hypothesis:

**Hypothesis:** Police training programmes influence police officers participation in the prevention of gender based violence.

<table>
<thead>
<tr>
<th>ANOVA</th>
<th>Coefficients</th>
</tr>
</thead>
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<tr>
<td>Model</td>
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</tr>
<tr>
<td>Regression</td>
<td>0.530</td>
</tr>
</tbody>
</table>

a. Dependent Variable: Prevention of gender based violence
b. Predictors: (Constant), Training programmes

Table 3.5. ANOVA and regression coefficients for training programmes and prevention of gender based violence in Uganda.

In determining whether a regression model is significant, the decision rule is that the calculated p-value (level of significance) for ANOVA must be less than or equal to 0.05. Since the calculated p-value of 0.000 is less than 0.05, the regression model was found to be statistically significant (F=160.029, df = 1, p<0.05 (=0.000)). This means that training programmes have a statistically significant influence on police officers prevention of gender based violence in Uganda. Furthermore to establish whether training programmes are predictors of police officers prevention of gender based violence and determine the magnitude to which training programmes influence police officers prevention of gender based violence, Standardized Beta and t Coefficients were generated. For the magnitude to be significant the decision rule is that the t value must not be close to 0 and the p-value must be less than or equal to 0.05. Since the t-value of 12.650 isn’t close to 0 and p-value<0.05 (=0.000), the study confirmed that training programmes are predictors of police officers prevention of gender based violence. A standardized Beta coefficient of 0.530 means; every 1 unit increase in training programmes will lead to an increase of 0.530 units of police officers prevention of gender based violence.

Research findings from correlation analysis established that training programmes have a strong positive statistically significant relationship with police officers prevention of gender based violence. Findings from
regression analysis confirmed that training programmes have a statistically significant positive influence on police officers prevention of gender based violence. Therefore the question; How have police training programmes influence police officers participation in the prevention of gender based violence in Uganda, was answered as follows: Every 1 unit increase in training programmes will lead to an increase of 0.530 units of police officers prevention of gender based violence. Furthermore, the hypothesis that was stated as thus; “Police training programmes influence police officers participation in the prevention of gender based violence” was accepted.

3.0 CONCLUSIONS AND RECOMMENDATIONS.
In conclusion, the study findings revealed that training programmes with gender based violence prevention content have a moderate positive statistically significant relationship on police officers prevention of gender based violence, that training programmes with gender based violence prevention content have a statistically significant positive influence on police officers prevention of gender based violence and that police training programmes with gender based violence content are predictors of police officers participation in gender based violence prevention. It was concluded that improvements in training content, materials used, assessment strategies and instructional strategies would have a positive influence on gender based violence prevention in terms of; prevention of GBV through a number of ways, for example by carrying out community policing on radios, televisions, newspapers and other forums on issues related to GBVP; partnering with other stakeholders like JLOS and NGOs to prevent GBV in Uganda; enforcing laws related to GBV by arresting, investigating and prosecuting suspects; providing psychosocial services to both victims and perpetrators of GBV; establishing some departments to expedite matters related to GBV, and these include the department of child and family protection, the department of women affairs, the department of sexual and gender based violence; joining some international and regional organisations that deal with GBV such as the Kigali declaration.

However, it was also concluded that police training programmes are facing challenges such as inadequate curricula, inadequate assessment and instructional strategies, inadequate infrastructures and training aids, inadequate funding, understaffing of CFPU, SGBV and women affairs departments, inability to provide communication skills, lack of operationalization of some departments to the lowest police administrative units, and inability to enable police officers provide sufficient referrals and psychosocial services to victims and perpetrators of GBV among others.

The study recommends that Police management should allocate more funds and resources to training programmes to enhance standardization of training through curricula, syllabi and manuals development as well as monitoring and evaluation activities. Focus should be on the introduction of sign language, French and Arabic at the initial courses. This will enhance their job performance in the contemporary world. More funding will also enable improvements in scientific methods of policing, infrastructures, equipment and transport.

REFFERENCES
Uganda Police Force (2015). Curriculum for the Cadet Officers initial training programme, leading to the award of a post graduate diploma in police, Associated Business Machinery, Kampala, Uganda.
United Nations Resolution 1325 that focuses on specific issues related to women in conflict.