

# Materials Of Religious Education Counseling Services In Handling Drug

Karyono Ibn Ahmad

FKIP, Universitas Lambung Mangkurat Indonesia

## Abstract:

Between guidance and counseling and religion (especially Islam) have an important role in the implementation of guidance and counseling services in schools. Both prisediral and material implications, this article explores the relationship one continuous between the functions of guidance counseling with religious roles in drug dealing. Drug and the danger is not an easy persolan to be addressed, but a good understanding of preventive, curative and religious kuratifnya and guidance and counseling is a good alternative.

## 1. Introduction

Implementation of guidance and counseling services in schools especially secondary school can not be separated from efforts to assist the development of students, as deemed necessary in the realm of a comprehensive and integral efforts. Meanwhile, in the activities and learning atmosphere not so sufficient to place students growing up, because sometimes require special handling. The nature of growth and development is essentially not linear because sometimes it's growth and development is not in line with expectations, interests and will of man. Besides that, the impact of growth and development is valid for life. Handling through coaching becomes absolutely necessary to deal with it.

On the other hand, there are many factors that play an important role which if not addressed will have an adverse and detrimental to students. Such factors include the social and non-social environment of students, lifestyle, and changes in physical and psychological changes. But having said that, in fact, the dominant factor is the influence of environmental factors.

Climate unhealthy living environment, such as: the rise of pornography on television shows and VCD; misuse of contraceptives, alcohol, and drugs / drug that is not controlled; disharmony in family life, and decadence moral person adults greatly influence patterns of behavior or lifestyle counselee (particularly in adolescence) who tend to deviate from moral rules (noble character), such as: rules violations School / Madrasah, fighting, drinking, became drug addicts or drug ( narcotics, psychotropic and other addictive substances, such as marijuana, narcotics, ectasy, putau, and shabu-shabu), crime, and promiscuity (*free sex*) (Directorate General for Quality Education and the Workforce, 2007).

One of the problems mentioned above are given priority treatment is drug abuse. Importance of the drug to be a priority because of the impact is not a moment but a thorough and it's take time to influence into areas of life. Guidance counseling which act as mentors in the realm of student progress have great responsibilities organize services that seek to summon this topic.

Religious education materials in drug dealing Islam is a practical guidance that does not need to talk "what" and "why" but how the underlying first foothold was in what is now needed by students seventh more meaningful and important. Islam is the right religion based on nature which comes from God, as a guidance for human and god-fearing people (Surah 30: 30, 2: 2, 185). It contains the teachings of Islam so that people are happy afterlife.

Facing drug abuse, religion and exit ga very involved, because religion can act as a preventive, curative and **constructive**, and the family serves as the first place of education for children and adolescents. In religious review drug a sin is forbidden. Due to the ignorance of religious teachings, then they break and do the prohibited act of religion. Unfavorable family environment for children and young people as one of the causes of drug abuse.

## 2. Consistent with the role of religion Guidance Functions

Some functions of guidance and counseling including preventive, curative and curative (Syamsu Joseph LN and A. Juntika Nurihsan, 2008). Frefugees guidance and counseling that was able to be related to the role of religion in such functions in handling drug - guidance counseling and the role of religion as a deterrent (preventive) treatment (curative) and supervisors (curative). The following are the various roles of the religion that is consistent with the role of religion.

### 2.1 The role of Religion For Disruptive Activities (Preventive)

In Islam is legion instructions and laws that encourage people to behave well (beraklak laudable). Contained in the Qur'an and Hadith.

God told each family to educate their children from childhood, in detail taught by Islam as where the way of life in the family. Starting from the initial conception until a child is in the womb which is processed from the very beginning of a drop of sperm derived from an extract of soil, blood clots, a piece of meat and then born as a human child (Surah 22: 5).

Families who are able to prepare properly educate children free from harm behavior, God determines the terms of the selection of a mate. Who would not be married to anyone; For families who formed the peaceful happy (Vegas) and can educate their children to be godly children. (Surah 30:21)

After choosing a mate that God performed in accordance with the provisions of a valid marriage in Islam. Further regulates the rights and obligations of each spouse, with a variety of provisions that must be complied with in the social life and your family.

After the child is born so call for prayer (*adzan*) that the first thing the child is heard the phrase *thaiyibah* (pronunciation *adzan*), which will be the first and foremost element in the formation of the child's personality. Because personality is what will drive the behavior and attitude of the child's life in the future.

Al Quran also encourages the mother to breast-feed their children until the age of two years (Sura 2: 233). In terms of physical and mental health is proven that breastfeeding mothers to their children has benefits that are very important for physical growth and psychological development of children. Subsequent formation of finer and solid faith later. There have been many raised by health experts that breast milk is better and more appropriate for a child of the canned milk or cow's milk.

Mental development of the child from the mother's milk was given by her mother to solve thirsty and hungry, children also feel the love and security that is obtained directly from the mother .

Since small children feel the love and security that are generally easy to accept religious and moral formation of well-developed, because it does not save a sinking feeling. Pilot guidance and example given by parents in the daily life easily accepted by children, he even imitate their parents and absorb deed-niali moral values from parents who loved it. If there are things or his problems later in life, he immediately complained or tell his parents that there is no one-sided pain in his heart.

Godly parents and dear to her children will always guide and educate their children in accordance with the provisions of religion, as well as conducting worship like prayer, fasting, and prayer. When the children were growing up to the age of the famous teen age jiggle, they will be able to overcome the problems that shake with prayer and ask God and they do not get lost to moral turpitude. Naughty behavior or useless addictive substances that endanger their future.

Teens approached the problem is not directly proportional to his skill in solving problems that arise. Teens who lack life skills in solving problems in a healthy and positive cause teens to experience one custom and was not able to solve the problems it faces.

Teens who feel loved by their parents generally feel compelled to maintain peace and affection he earned it, because it tends to adhere to the provisions of religious and moral values commendable. In general, they tend to be older because there is no good reason to encourage deviant behavior, or say no politely, being arrogant, cocky and boast.

When this is viewed in terms of mental health it will be clear that people who feel that they are valuable, useful and able to cope with daily issues that lightweight, adaptive, and controlling it is a mentally healthy person.

Mentally healthy people do not want to spoil the image of himself and has no reason to act, speak or behave that made the other person, by itself it would be farthest from the bad behavior (naughty). Allah says:

*"Those who believe, and whose hearts become tranquil by the remembrance of Allah; know just the remembrance of Allah hearts become peaceful* (Surah 13: 28).

The verse shows how important it is to remember God with all His attributes in somehow. If he is afraid or feels helpless as he remembered that God protects and the Most Merciful surely God will not let him suffer and he prayed to him, his heart will feel at ease.

God also encourages people to be patient and love to practice their religion, so that people always feel dilindungi and cherished by God. Even the promises of God and put it into heaven together family members are devout. The Word of God:

*" And those who patiently seek redha Lord, establish prayer, menfkahkan part we provide him sustenance, secretly or openly, by refusing evil with good. People who have a place that's a good sequel, ie heaven A'Dn that they enter into it along with his parents, wife or husband, and their descendants were godly. Angels entering into them from every gate, while saying "congratulations on your" I wish the denouement place.* (Surah 13: 22-24).

*"O my son, establish prayer, enjoin what is right, forbid what is wrong, and be patient over what befalls you. Indeed, [all] that is of the matters [requiring] determination.* (Surah 31:17)

## 2.2 Role of Religion As a Healing

In general, the majority of drug abusing adolescent age, although did not rule out future a young have already got. Indeed adolescent age, which is usually defined as an age which ushered in childhood and adulthood, which is generally determined by psychology experts  $\pm$  13-21 year age group. But in the view of Islam, which certainly limits teens and sharply limited the no. Baliqh Islam knows no age (puberty) are marked with haidhpertama in women and in men's dreams. May occur at the age of 12 and 13 years old.

The second one is rational. In determining what are the signs that someone had been rational, in the sense that, unable to account for his actions. Scholars have different opinions and it is difficult to determine exact age. Agreed upon is the age of responsibility, which is called "mukallaf".

Someone shall obey the commands of God and eschewed violate His prohibitions. An intelligent baliqh mukallaf is that, if the final limit intellectual development made by psychologists for a normal person about the age of 16 years, then it may well mukallaf at the age of 16 years.

So age is responsible for all acts committed by someone, if he is required to carry out actions or sunnah in Islam he is rewarding, if he acts that are prohibited by religion he sinned.

In order for a person at age mukallaf the lesson to be positive about Islam, the obligation of parents to educate their children from childhood, either in accordance with the provisions of the Islamic faith, worship, and moral.

so there are teenagers who since childhood educated in accordance with the teachings of Islam, but because of outside influences that can not be avoided he lost the forbidden act, he bear his sin. Education may also endured in his family do not support the establishment of religion in his life, but if he lives in a religious community that has been so naughty behavior or violation of the religion he did at age mukallaf that he sinned and endure the consequences. Which means that he is not entitled to impose his mistake to his parents or anyone else, because he has matured enough to understand the teachings of Islamic. If he has not known he shall learn.

How many of our youth at the time of his life right now that are not peaceful, anxiety, and loss of grip. So find a way peace inner restlessness or disclose it to a foul on religious teachings, either by doing mischief, fight, destroy, harm likely to kill another person, tried to commit suicide, do mischief, or using addictive substances.

This is a sign that students experiencing stress symptoms. According to Wyk (2004: 36) Stres is part of life caused by the change in the situation to be dealt with individually. The term refers to the condition of the internal stress caused by the demands, frustrated or uncomfortable conditions. At a certain level of stress is inevitable, but is used as a stimulus to improve individual performance.

Sometimes unexpected stimulus in the negative sense is more easily come to like running with using the drug. Islamic provide a way for them not to continue his evil deeds it, so the front does not go away. One way that can be done by any person is repent, ask forgiveness of Allah and cease from all the moral evils. Word of God (Surah 3: 133-136).

*"And ye haste to the forgiveness of your Lord and to heaven pliers wide as the heavens and the earth, which is for those who fear Him. (They are) those who spend (his property), both at a time when the field, and at a time when narrow, and the people who restrain anger, and pardon (wrong) people. Allah loves those who do good. And (also) those who if guilty of lewdness, or injure themselves, they remember Allah and seek forgiveness for their sins, and anyone else who can forgive sins other than Allah, and they mengetahui. they return it is forgiveness from their Lord and heaven are underneath which rivers flow, and they will abide therein, and that's the best to reward those who do good".*

From these verses, some messages can be taken to overcome those already made a mistake, evil, and sin, including:

- 1) Appeal to the mercy of God
- 2) Suggestion that self-control so as to resist feelings of anger, and able to forgive the mistakes of others.
- 3) Foster juice that error, sin can be forgiven pliers already done God. Provided that the error is not repeated again.
- 4) Reply for those who repent to Allah's forgiveness
- 5) In the end God will be in put into heaven

With short it can be said that, prevention of juvenile delinquency and substance use by look a adaktif Islam is a way of calling the guilty. So that he can feel that he is a sinner that has a way to go back to God's goodness and forgiveness, even promised to go to heaven.

For anxiety and shock as well as out of the inner feelings that are not as exciting as loss of confidence, fear and anxiety in general, it is recommended to pray and wait. The Word of God:

*"O you who believe, teach patience and prayers as helpers, verily Allah is with those who patiently persevere" (Qur'an 2: 153).*

*"And on most nights praying tahajjudlah worship you as an extra (sunnah) to you; hopefully the Lord will raise you to a praised" (Surah 17: 79).*

Psychological conflicts or uncertainties that are difficult decisions about something or difficulty choosing between two things or more often also cause people to fall to the misery of uncertainty or doing forbidden things, then the solutions recommended by Prophet Muhammad SAW is the sunna prayer *Istikhara* two cycles to plead with God to His chosen which one is best for him in the world and the hereafter.

### 2.3 Role of Religion In Development (Constructive)

Islamic teachings give a lot of encouragement to be faithful always increase faith and taqwanya and provide guidance in real life, either from self, family, and in social and national life. To appear spiritual intelligence is the next chain that need to be understood and ditamkkan on students.

According to Danah Zohar and Ian Marshall (2007) defines spiritual intelligence is understand about meaning / value, the behavior and intelligence to put our lives in the context of a broader meaning and rich, intelligenceto assess that action or Berma one's life more than with the other .

Various kinds of worship are obligatory and the Sunnah as prayer, fasting, zakat and hajj is an effort to train and forge spiritual intelligence which certainly dapatdiinegrasikan students as one of guidance material. Which is a pillar of Islamic which must be implemented by every Muslim who mukallaf (baliqh rational). In the implementation of all religious meaning it contained very important for health coaching, in addition to encashment liability to Allah SWT, for example:

#### 1) Dhikr

Every time a Muslim is told to remember Allah as much as possible. Dhikr can clean heart, soothes the soul. Many remember Allah increase submission to God, a statement of regret, ask forgiveness and repentance.

#### 2) Worship Prayer

Obligatory prayers which must be performed five times a day, at the appointed time and may not be combined or delayed because there is no chance to repay debt obligatory prayers, if not carried out can not be paid (diqadha) but recorded as a sin.

Among the silver lining is that every time prayers are obligatory spiritual contact with God and all the unpleasant problem can be expressed to God in prayers uttered after prayers. Thus there is no feeling of pressure and inner bedan stacked, as five times a day expressed to God. So every Muslim who can perform prayer with khusu 'inner freed from many problems, no frustration, much of the anxiety and psychological conflict. Then the obligatory prayer has benefits for mental health as well as serve as a curative, preventive and constructive.

#### 3) Reading Al-Quran

Al Quran is the doctrine that contains the instructions for humans to piety, to achieve the happiness of the Hereafter. By reading the Quran will add to the understanding of religious teachings, commands and prohibitions of Allah, good news and threats, forgiveness and love of God. Al Quran teaches about the meaning of life, what should be done and what should be left in order to achieve happiness of life the world hereafter. Lessons for abuse Zapza by reading the Quran will know the religious ban, call to repent, ask for forgiveness and return to the right path.

#### 4) Worship Fasting

The most important wisdom of fasting in the prevention of juvenile delinquency and the use of addictive substances is in the formation of the self-control. With fasting which is based on faith in God Almighty, people are able to control themselves hold unfulfilled basic needs in life, especially physical needs (eating, drinking, other biological needs) at the usual times.

Fasting during the month of Ramadan can change a person's attitudes and behavior. During fasting Muslims control and refrain from any acts which invalidate a pu sa.

Laborious hunger and thirst as well as other biological urge, but his faith in God and his desire to make people comply with the religion of Islam can live patiently.

Exercise control lust for one month is sufficient to change the bad behavior to conform to the religion.

### 3. Conclusion

The role of religion a family and it turned out great in the prevention, treatment and guidance for children and adolescents who abuse drugs. In general practice religion as dhikr, prayer, reading the Quran, fasting and establishment as a means of fostering harmonious family, a man away from drug abuse.

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**History Life Author:** Name : Dr.H. Karyono Ibn Ahmad. Place and Date of Birth: Bondowoso, 26 Rajab 1369/13 April 1950. Bachelor degree Guidance and Counseling at IKIP Jember in 1974, Master degree Guidance and Counseling at IKIP Jember in 1976 and Doctoral degree at IKIP Jakarta in 1992. Occupation are Secretary of LPM in 1992-1996. Head of Department Education Science in 1996 – 1999, Head of AA/Pekerti , Head of Study Program Guidance and Counseling in 2008 -2011. And then Lecturer at Lambung Mangkurat University (UNLAM) in 1978 until now.