

# The Impact of Audit Committee Diligence on Modification of Audit Opinion: State Owned Enterprises in Kenya.

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## Abstract

The study examined the effect of audit committee meetings as a proxy for audit committee diligence on modification of audit opinion in commercial and manufacturing state owned enterprises in Kenya. The study examined data from 28 companies in the commercial and manufacturing sector covering the period of 2007 to 2016. The data was analysed using a logistic regression model. The study established significant negative relationship between number of audit committee meetings as proxy for audit committee diligence and modified audit opinion. The study findings imply that increased number of audit committee meetings reduced the likelihood of receiving modified audit opinion. This means increased quality of supervision by diligent audit committee led to improved quality of financial reporting. Diligent monitoring could reduce opportunistic behaviours by management as suggested by the agency theory. The findings from this study will contribute significantly practitioners in corporate governance in the public sector to be more diligent in order to improve quality of financial reporting. In addition, the findings will be beneficial to both internal and external auditors to engage with audit committee to ensure smooth audit process and reporting.

**Key Words:** Modified Audit Opinion, Audit committee diligence, Firm size, State Owned enterprises.

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## 1.1 Introduction

Corporate governance has become an important topic in both private and public sectors. This is in response to corporate financial scandals that has forced stakeholders to rethink the governance mechanisms. Globally, countries have responded differently: some through regulations, laws and even codes of corporate governance. Notable cases include the Oxley and Sarbanes (2002) act in the United states of America and (Cadbury, 1992) report in United Kingdom.

In Kenya the government incorporated the Mwongozo (2015) code of corporate governance for state corporations to promote accountability in state corporations. This was introduced after collapse and poor performance of several state owned entities. The Mwongozo code (2015) puts the board at the epicenter of corporate governance. Specifically, Mwongozo code states that a functional board should have audit committee as key sub-committee of the board. The Mwongozo code assigns the audit sub-committee with the responsibility of dealing with external audit, internal audit, internal controls, risk management and financial reporting in state owned enterprise. A diligent and functional audit subcommittee is expected to greatly promote accountability and transparency in state owned enterprise resulting to quality financial reporting. This will be evidenced by clean or unmodified audit reports being issued by the independent auditors. The World Bank (2014) toolkit for state owned corporation advocates as good practice an affective board should have audit sub-committee responsible for managing audit and risk in the board.

### 1.1.1 Audit committee in State Owned Entities in Kenya

The corporate governance in Kenya state owned entities is spelled out in Mwongozo code of corporate governance for state corporation. Mwongozo code (2015) states that all boards should have an audit committee responsible for overseeing external and internal audit. The audit committee is key in interrogating external audit reports and resolve material findings. The World Bank (2014) toolkit for corporate governance for state owned enterprises supports the argument that audit committee could improve corporate governance for state owned enterprises. These include improvement in internal controls, compliance and financial reporting guidelines. This is likely to improve quality of financial reporting leading to unmodified audit opinions. Similarly, OECD (2015) guidelines for governance for state owned entities supports the argument.

To perform their duties sufficiently Mwongozo proposes that at least the audit committee should meet frequently. Audit committee diligence is measured as the activity or the number of committee meeting based on prior studies (Saaydah, 2019; Farinha & Viana, 2009; Raghunandan & Dasaratha, 2007). The increased activity by the audit committee is expected to improve review of information presented by management thus help reduce information asymmetry. In addition, increased activity will ensure that effective internal control systems are put in place

through interaction with internal audit function. Further, material issues raised by external auditors will be addressed.

### 1.1.2 Modification of Audit Opinion

Based on the agency theory auditing function is a corporate governance mechanism employed to reduce agency problem by reducing information asymmetry. The role of management is to prepare financial reports and communicate them through reports. The role of independent auditors is to examine the financial reports and to ensure the information is true and fair. Through audit opinion the independent audit is able to express an opinion on the quality of financial reporting. According Intosai ( 2009) an audit opinion is modified if the financial statements are found not to be free from material misstatements. Audit modification can be categorized into three: qualified, adverse and disclaimer opinion (Hsiao, Lin, & Hsu, 2010).

In Kenya the Auditor – General is the independent supreme institution (SAI) responsible for auditing financial statements from state owned entities and report through the audit opinion. The auditor general reports to national assembly of Kenya after evaluating the financial statements.

Based on the theoretical framework by the agency theory, the audit committee activity should influence quality of financial reporting. The number of audit committee meetings as a proxy of audit committee diligence is likely to influence the likelihood of receiving modified audit opinion. A diligent Audit committee will have time to monitor and examine information prepared by management leading to quality of financial reporting. However, based on empirical evidence the matter remains unresolved due contrasting findings based on empirical evidence (Alkilan, Hussin& Salim, 2019; Saaydah, 2019; Salleh & Haat; 2014; Farinha & Viana, 2009).

The study aims to address the following research questions

- I. Does audit committee activity influence the likelihood of modification of audit opinion for commercial and manufacturing state owned enterprises in Kenya.
- II. Does firm size as control variable influence the relationship between audit committee and modification of audit opinion commercial and manufacturing state owned enterprises in Kenya.

## 2.0 Literature Review

### 2.1 Theoretical Foundation

Due to separation of ownership and control in modern business has led to agency problem (Berle & Means, 1932). This arises due to information asymmetry between the agents and principal (Jensen & Meckling, 1976). Corporate governance systems are developed to manage the agency problem. This involve creating systems to monitor and supervise the agent to act in the interest of stakeholders.

Corporate governance reforms in both public and private sectors have brought regulatory frameworks that brings out requirement for involvement of audit committee in the protection of investors. The audit committee mediates between the external audit and management helping in resolving material audit issues in the report which will improve quality of financial reporting. Audit committee therefore is a monitoring mechanism with significant contribution to governance framework (Islam, 2010).

### 2.2 Empirical Evidence

Alkilan, Hussin and Salim (2019) examined the role of audit committee lessening the likelihood of a firm receiving modified audit opinion in Jordan. The study sampled 117 firms listed at Amman securities exchange covering the period 2012-2017. Audit committee size, expertise, independence and number of meetings as the independent variables were analysed using logistic regression. The study established that audit committee expertise contributed significantly to the likelihood of a firm receiveing modified audit opinion. However, audit committee variables including; independent size, number of meetings had insignificant influence on the likelihood of receiving modified opinion in Jordan.

Nelwan and Tansuria (2019) examined the effectiveness of audit committee characteristics in constraing earnings management. The study analysed data from manufacturing companies covering the period 2009 to 2015 in Indonesia. The study concluded that audit audit committee independence constrained earnings management in Indonesia. In contrast the results for audit committee expertise in constraining earnings management was statistically insignificant.

Inaam and Khamoussi (2016) using meta-analyze methodology analyzed findings of 58 prior studies on the relationship between audit committee as corporate governance mechanism and earnings management. The study established significant relationships between earnings management and audit committee characteristics including: the number of committee meetings, size, independence and expertise of members.

Jatiningrum, Fauzi, Irviani, Mujiyati and Hasan (2020) examined the effect of audit committee on financial

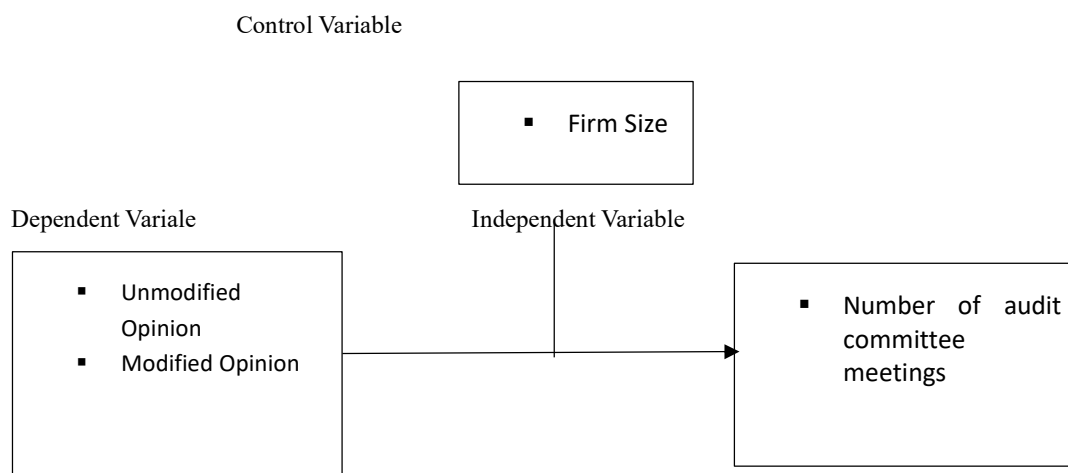
reporting pre and post adoption of IFRS in Malaysia. The study examined data from 81 companies covering the period 2009 to 2015. The data was analysed using multiple regression method. The study established that after adoption of IFRS significant relationship existed between audit committee and quality of financial reporting.

Raghunandan and Dasaratha (2007) examined determinants of audit committee diligence. The study sampled 319 firms from the S&P SmallCap60 in 2003. The study established that number of audit committee meeting was the best signal of measuring audit committee diligence. In addition, the study established that larger entities are likely to set diligent audit committee with expertise.

Ali, Noor, Khurshid and Mahmood (2015) examined the effect of firm size on earnings management in Textile company In Pakistan. The study analysed annual data covering the period 2004 to 2013. Firm size was measured using the logarithm of total assets. The study established that positive and statistical effect of firm size on earnings management.

Salleh and Haat (2014) examined the effectiveness of audit committee in constraining earnings management. The study examined data for 280 companies listed at Bursa Malaysia covering the period 2005 to 2009. The study established that audit committee characteristics including firm size, frequency of meetings and independence had a significant impact on earnings management.

### 2.3 Conceptual Framework



### 2.4 Research Hypothesis

H<sub>1</sub>: The number audit committee meetings as a proxy for audit committee diligence had a negative and significant relationship with modified audit opinion in commercial and manufacturing state owned enterprises in Kenya.

H<sub>2</sub>: Firm size as a control variable significantly influenced the relationship between audit committee diligence and modified audit opinion in commercial and manufacturing state owned enterprises in Kenya.

### 3.0 Methodology

#### 3.1 Research Design

This study adopted a correlational research design to achieve its objectives. In a correlational research design the objective is to determine the degree of association among the research variables (Creswell, 2014)

#### 3.2 Population and Sampling

The population of study constituted all the thirty-three (33) companies in the commercial and manufacturing sector as categorized by (SCAC, 2021). The study obtained data twenty-five (28) companies indicating a high response rate.

#### 3.3 Data Collection

The study collected secondary data relating to the research variables. Data on audit opinion was obtained from the

audit reports published by the Auditor –General of Kenya covering the period 2007 to 2016. The number of audit committee meetings was obtained corporate governance statements in the annual reports. The information on firm size as control variable was computed using data obtained from annual financial statements.

### 3.4 Model Specification

To test the relationship between the variables the study employed logistic regression model. The model is used instances where the binary outcome is predicted from independent variables. The technique is flexible to accept binary outcomes (Boateng & Abaye, 2019)

$$AO = \beta_0 + \beta_1 ACmeetings + \beta_3 Firm Size + \varepsilon$$

Where:

AO = Audit Opinion

ACmeetings = the number of audit committee meetings as a proxy for audit committee diligence

$\beta_0$  the intercept

$\beta_n$  the coefficient

$\varepsilon$  the error term

Dependent Variable

The audit opinion was taken to be the dependent variables and was operationalized using of coding. The audit unmodified opinion coded as zero (0) while modified opinion coded as zero (1).

#### Independent Variable

Number Audit committee meetings as proxy for audit committee diligence based on theoretical framework and empirical evidence was conceptualized to significantly influence quality of financial reporting.

#### Control Variable

Firm size as a control variable was operationalised by measuring logarithm of total assests this was based on empirical evidence from prior studies (Ali,Noor,Khurshid & Mahmood, 2015). It was also conceptualised that large firms had the capacity to set up a fuctional corporate governance structures including audit committtee with relevant expertise and resources to hold regular meetings.

#### Operationalization of variables

Table 1. Operationalization of variables

Variable	Measure
<b>Dependent Variable</b>	
Audit opinion	Unmodified “0” modified “1”
<b>Independent Variable</b>	
Audit committtee Diligence	Number of audit committee meetings
<b>Control Variable</b>	
Firm Size	Log of total assets

## 4.0 Results and Discussion

### 4.1 Descriptive Statistics

#### 4.2 Frequency Distribution Audit Opinion

Table 2: Frequency distribution audit opinion

	Frequency	Percentage %
“0” Unmodified O Opinion	89	32.0
“1” Modified opinion	189	68.0
Total	278	100.0

Table 2 presents the frequency distribution of the Audit Opinion. Based on the frequency distribution the results indicate that majority of state owned entities received modified audit opinion accounting for 68% of audit opinions. Only 32% of audit opinions issued by the auditor-general of Kenya represented unmodified audit opinions or clean reports. This implies that majority of state owned enterprises experienced difficulties on quality of financial

reporting.

Table 3 :Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
Firm Size (log Total assets)	278	5.62	11.49	8.4469	1.40862
Number of audit committee meetings	278	0	11	3.79	1.884

Table 3 presents the descriptive statistics results. The summary shows that on average audit committee activity represented by number of committee meetings average 3.79 meetings with a maximum of 11 meetings with a standard deviation of 1.8. The results for firm size indicate a mean of 8.4 with minimum of 5.6 and maximum of 11.49 with a standard deviation of 1.4.

### 4.3 Diagnostic Tests

#### 4.3.1 Omnibus Tests

Table 4 : Omnibus Tests of Model Coefficients

	Chi-square	df	Sig.
Step	89.603	2	.000
Block	89.603	2	.000
Model	89.603	2	.000

Table 4 presents the omnibus tests of model coefficients. The results presents Chi –square value of 89.603 that is statistically significant based of p values. This is an indicator that the model is better than the null model.

#### 4.3.2 Model Accuracy Predictions

Table 5: Classification Table

Observed	Predicted		percentage Correct
	Unmodified opinion	Modified opinion	
Modified opinion	55	34	61.8
Modified opinion	31	158	83.6
Overall Percentage			76.6

a. The cut value is .500

Table 5 presents the classification table results. The tables results predict the model accuracy. Based on the results the model prediction accuracy was 76.6 which is significantly high. This indicated that the model could accurately predict the results.

### 4.4 Logistic Regression Results

Table 6: Model Summary

-2 Log likelihood	Cox & Snell R Square	Nagelkerke R Square
258.996 <sup>a</sup>	.276	.386

Estimation terminated at iteration number 5 because parameter estimates changed by less than .001.

Table 6 presents the model summary. The results reveal Nagelkerke R Square 0.386 which indicates the model is good. The Cox & Snell R Square 0.276 mean that probability of modified opinion being explained by the model is 27.6 which is significant.

**Table 7: Logistic Regression Results**

	B	S.E.	Wald	df	Sig.	Exp(B)
ACMeetings	-.433	.092	22.076	1	.000	.648
FirmSize	.760	.119	40.522	1	.000	2.138
Constant	-3.698	1.012	13.355	1	.000	.025

Table 7 presents the logistic regression results. The audit committee meetings indicate a negative beta  $\beta$  of  $-4.33$  with exponential beta of less than 1 Exp 0.68. statistically significant with p values  $p < 0.05$ . This implies audit committee meeting has a negative relationship with modified opinion. This mean that unit increase in the number of audit committee activity reduced the likelihood of receiving modified audit opinion by a factor of 0.648. The results for firm size indicate positive beta of  $\beta 0.76$  with a positive exponential beta of 2.1 greater than one. This means firm size as control variable significantly influenced the relationship between audit committee diligence and modified audit opinion. This implies that large firms were more likely to receive modified audit opinion.

### 5.1 Conclusion and Recommendations

The study objective was to examine the influence of audit committee diligence on modification of audit opinion in state owned entities. The study collected data from 28 state owned enterprises in commercial and manufacturing sector covering the period 2007 to 2016. The study established that audit committee activity had a negative and significant influence in modification of audit opinion in state owned entities in Kenya. This study finding implies that increased audit committee activity improved audit committee diligence leading to improved monitoring and review. The results are in agreement with study Salleh and Haat (2014) on effectiveness of audit committee diligence in constraining opportunistic behaviour of management as argued in agency theory. However, the findings contrasts studies by Alkilan, S. Z., Hussin, W. N., & Salim, B. (2019). Nelwan, M. L., & Tansuria, B. I. (2019) on effectiveness of audit committee diligence. The results for firm size as control variable were positive and statistically significant. The findings imply that increased firm size as control variable significantly influenced the relationship between audit committee diligence and modified audit opinion. The study findings on effect of firm size are in agreement with findings from a study by Ali, Noor, Khurshid and Mahmood (2015) on likelihood of management large firms engaging in opportunistic behaviours.

The findings are in agreement with arguments based on agency theory that predicted that audit committee as a governance mechanism could help monitor the agent and ensure information symmetry. The findings are in agreement with the hypothesis that boards with diligent audit are less likely to receive modified audit opinions due to improved quality of financial reporting. Secondly, firm size as control variable reveal positive and significant relationship between firm size and modified audit opinion. This means managers from large firms are likely to engage in opportunistic behaviours due to lower level of supervision by the board of directors.

The findings from this study will contribute significantly to those charged with governance in state owned entities to be more diligent in order to improve quality of financial reporting. In addition, the findings will be beneficial to both internal and external auditors to engage with audit committee to ensure smooth audit process and reporting. The findings will also contribute to literature in the public sector context on issues relating to corporate governance and audit opinion.

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